As Easy as Black & White: CXR Interpretation



APN, CCRN, CCNS-CSC/CMC

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References

CVICU

THE

GERALD de LACEY SIMON MORLEY LAURENCE BERMAN

CHEST X-RAY

A SURVIVAL GUIDE

- Connolly M A. Black, white, and shades of gray: Common Abnormalities in chest radiographs. AACN Clinical Issues. 2001;12(2):259-289.
- Lacey G, Morley S, et Berman L. *The Chest* X-ray: A Survival Guide. Philadelphia: Saunders/Elsevier.2008
- Siela D. Chest radiograph evaluation and interpretation. Advanced Critical Care. 2008;19(4):444-475.
- Siela D. Advanced Chest Imaging Interpretation of Acute Pulmonary Disorders. AACN Advanced Critical Care. 2015;25(4):365-386
- Huseby JS, Ledoux D. Radiologic Examination of the Chest. In: Woods SL, Froelicher S, Motzer SA, Bridges, E J,ed. *Cardiac Nursing*, 5th ed. Philadelphia: Lippincott Williams & Wilkens. 2005: 296-306.
- http://radiologymasterclass.co.uk/tutorials/tutorials.html
- <u>www.medmastery.com</u>

Basics of Xrays

- Photograph negative principle
- White color indicates lack of exposure
- Black color indicates intense exposure
- Dense substances absorb all the rays and appear white on the film
- Soft tissues and air absorb part of the beam and appear gray or black

Whitest

- Bone: Ribs, Sternum, Spine, Clavicle
- Barium
- Calcium Deposits
- Prosthetic valves
- Surgical wires, clips

Off White -- Gray

- Fluid
- Blood
- Heart
- Veins/arteries
- Aorta
- Skin/fat

Blackest

- Air
- Lungs
- Trachea
- Stomach
- Bowel

PA = Posterior to Anterior



AP = Anterior to Posterior

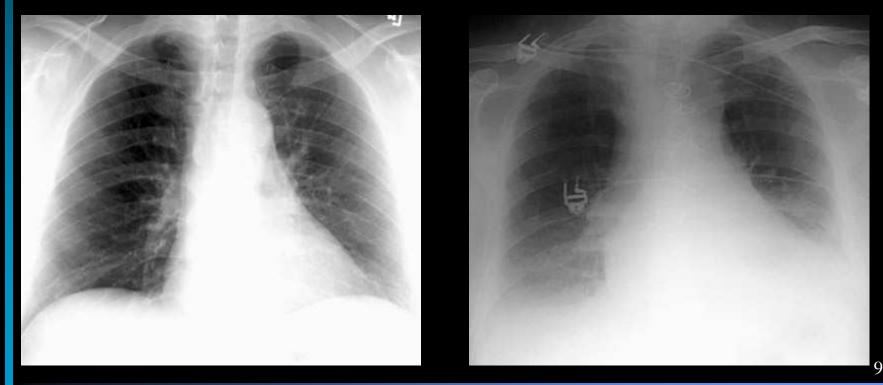


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Projections

• PA – 6 feet

• AP -- Heart and mediastinum are magnified at 40 inches compared to PA at 6 feet



Lateral: Named for the part of the anatomy closest to the film



Right Lateral Decubitus position



- Lateral: Named for the part of the anatomy closest to the film
- Decubitus: Side lying

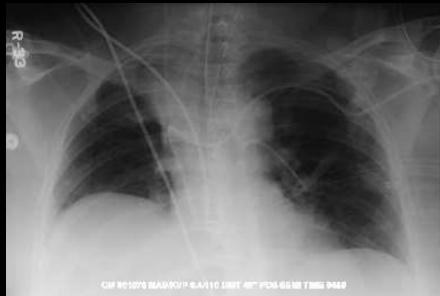
Good technique is essential

- Take in an upright position
 - Fluid will go to the bases and form a line
 - Air rises
- Remove unnecessary lines and wires to prevent obscuring the underlying structures
- Ensure all structures including bases of the lungs are visible

Full Inspiration 9 – 10 ribs should be visible

- Good Inspiration
 Poor inspiration







Systematic Approach of Reading Chest Xray

- 1. Technique & rotation
- 2. Bony structures
- 3. Soft tissues
- 4. Lungs/trachea/pulmonary vasculature
- 5. Diaphragm and pleura
- 6. Mediastinum
- 7. Heart and great vessels
- 8. Non-physiological structures

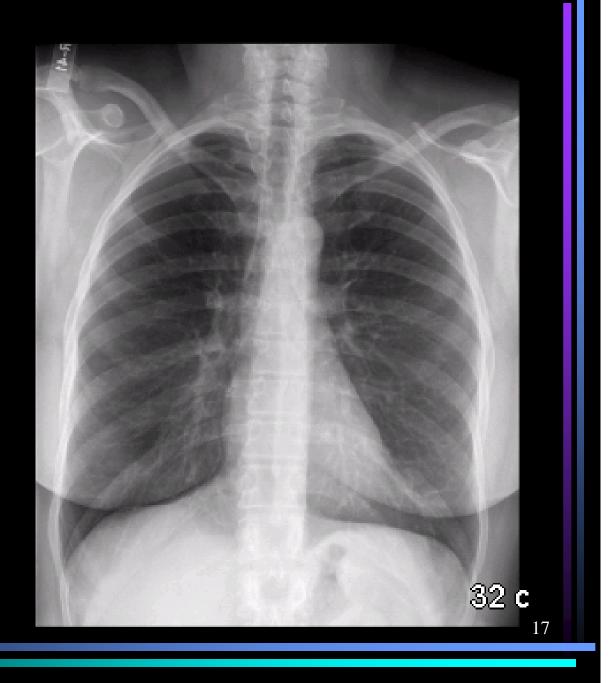
The obvious abnormality

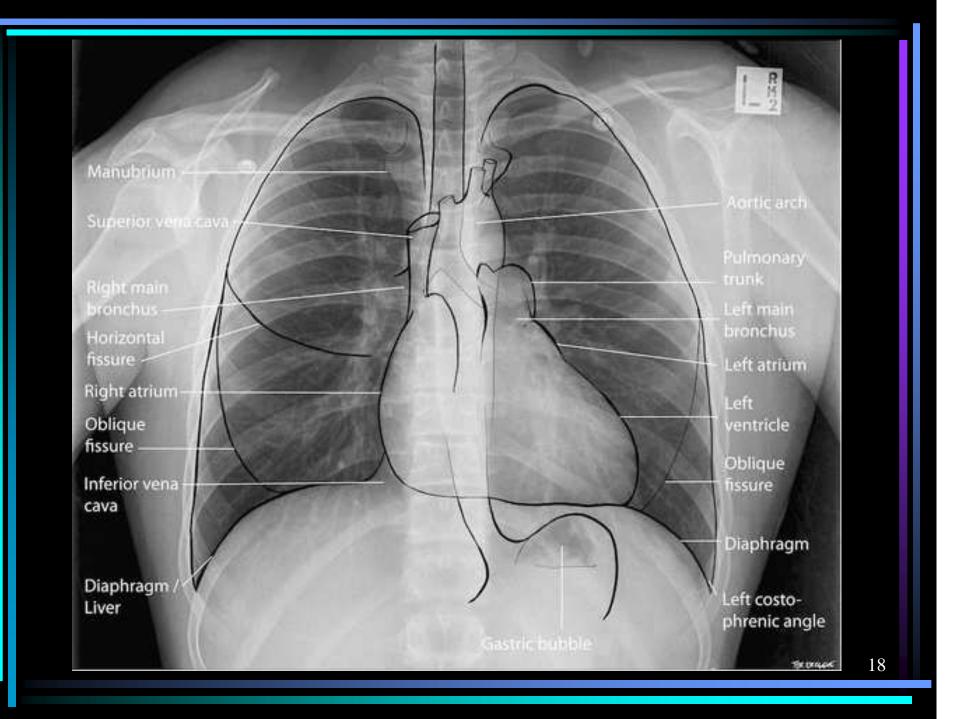
- The rule is don't ignore the 'elephant' on the image - describe its long trunk, its big ears, its tusks, and its rough, grey skin.
- Once you've done this you stand a better chance of diagnosing the 'animal' you are dealing with, but you should then continue by using a systematic approach to look at the rest of the image.



http://radiologymasterclass.co.uk/tutorials/chest/chest_system/chest_system_03.html

Normal AP

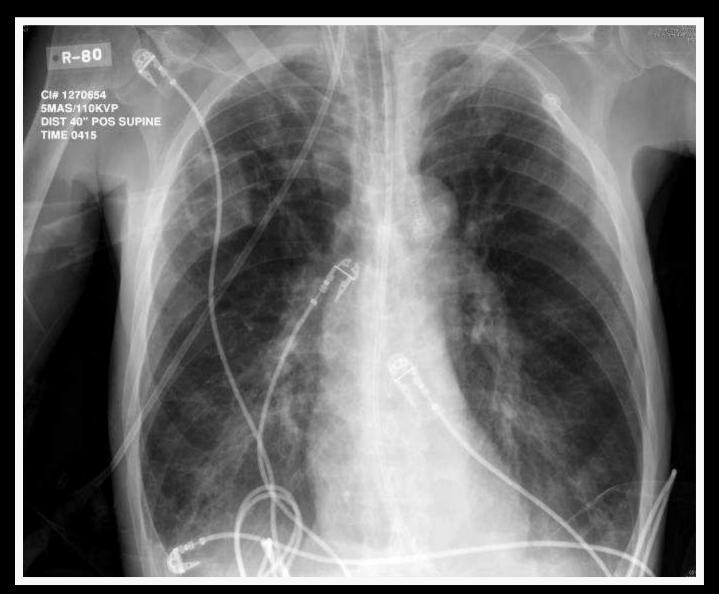




Boney Structures

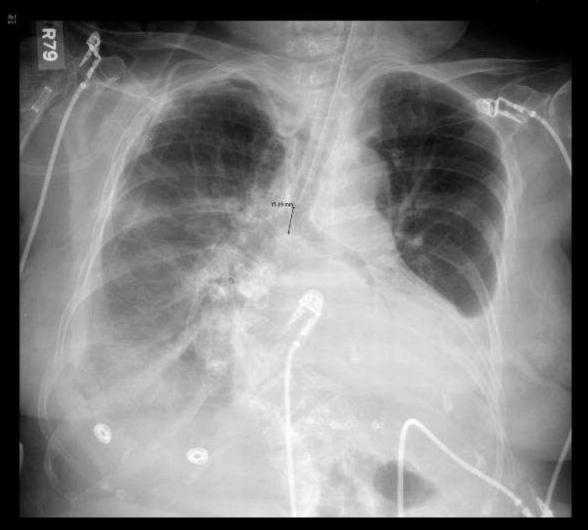
- Is the entire thorax visible?
- Shape of the thorax emphysema,polio, scoliosis?
- Any rib fractures?



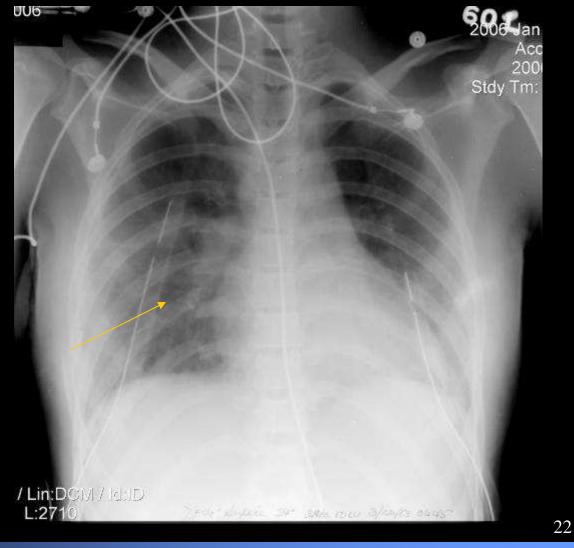


Hyperexpanded lungs consistend with emphysematous change, Bibasilar fibrosis

Severe dextro-convex curvature of midthoracic spine



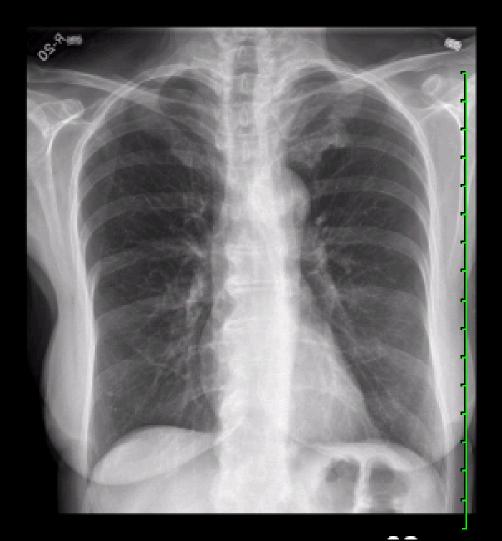
Right rib fractures

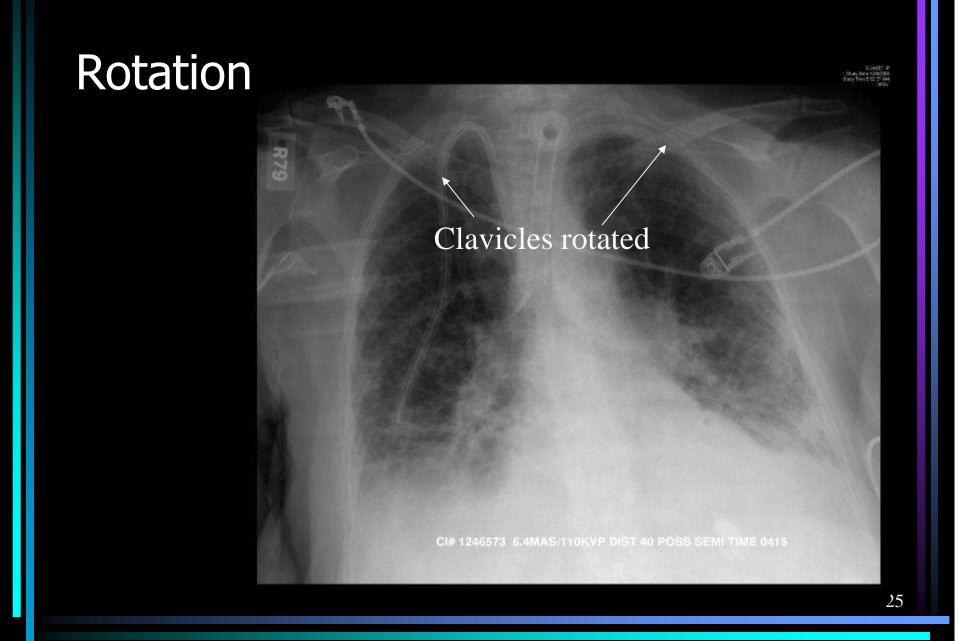


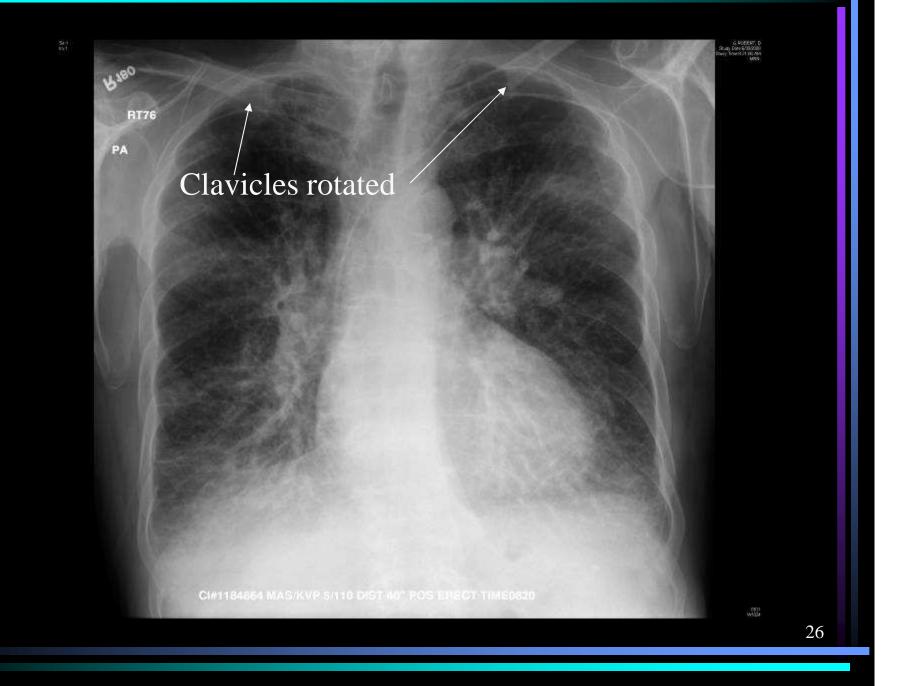
 Old healed Fx Left Clavicle and left ribs



- Clavicles help identify patient rotation
- Should be symmetrical

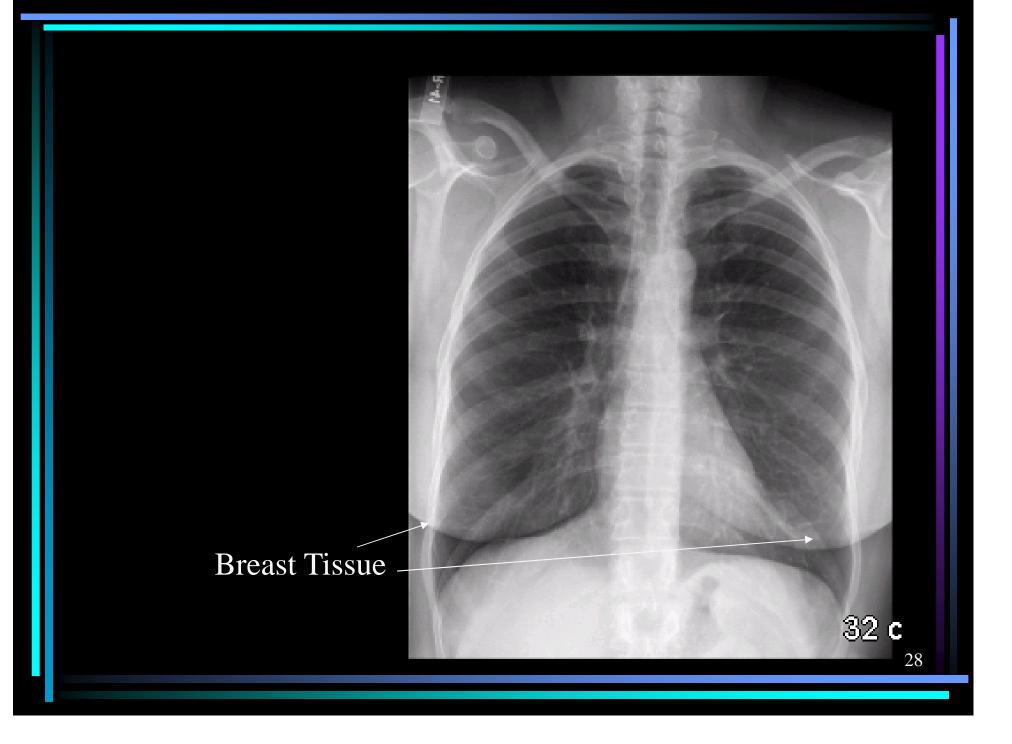






Soft Tissues

- Check neck and axilla for SQ emphysema, hemotomas, tumors
- Large breast tissue may obscure lung field to some extent

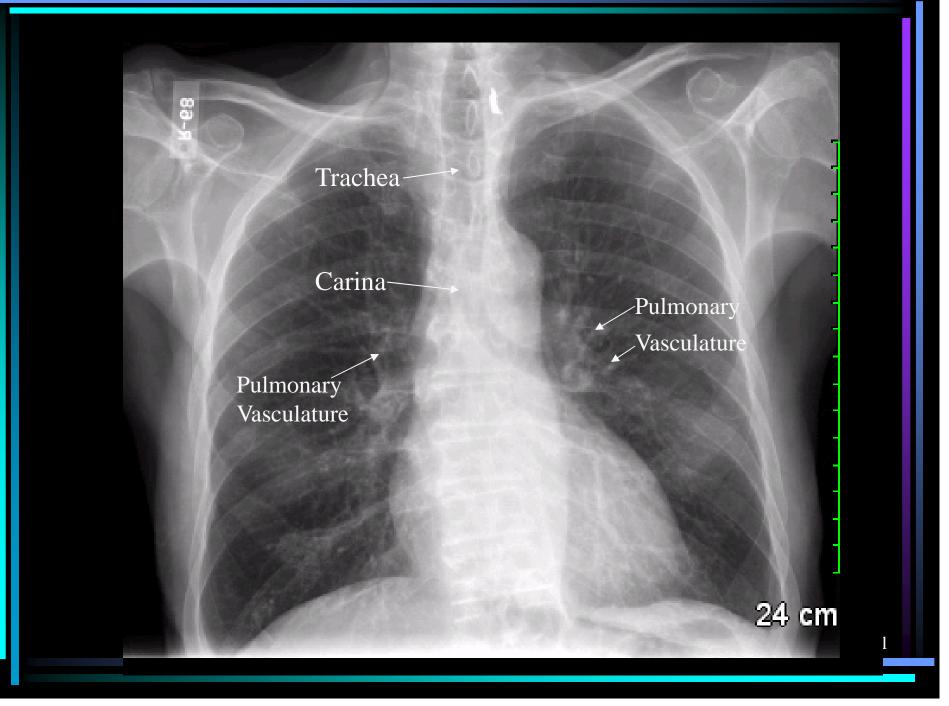


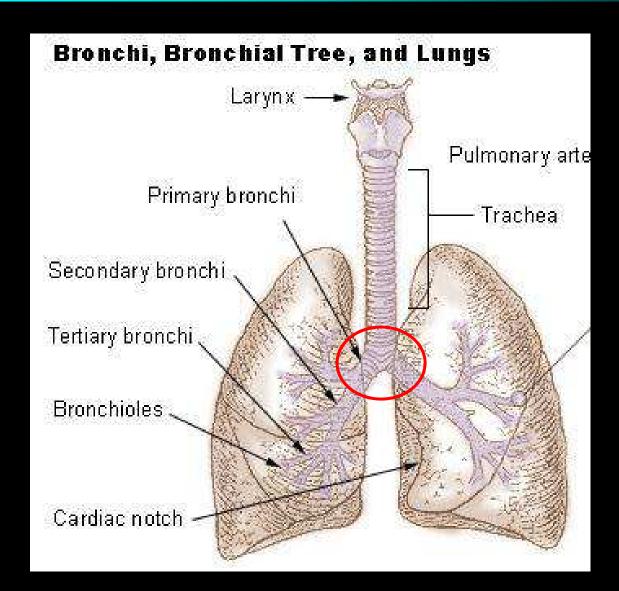
Lungs/Trachea/pulmonary vasculature

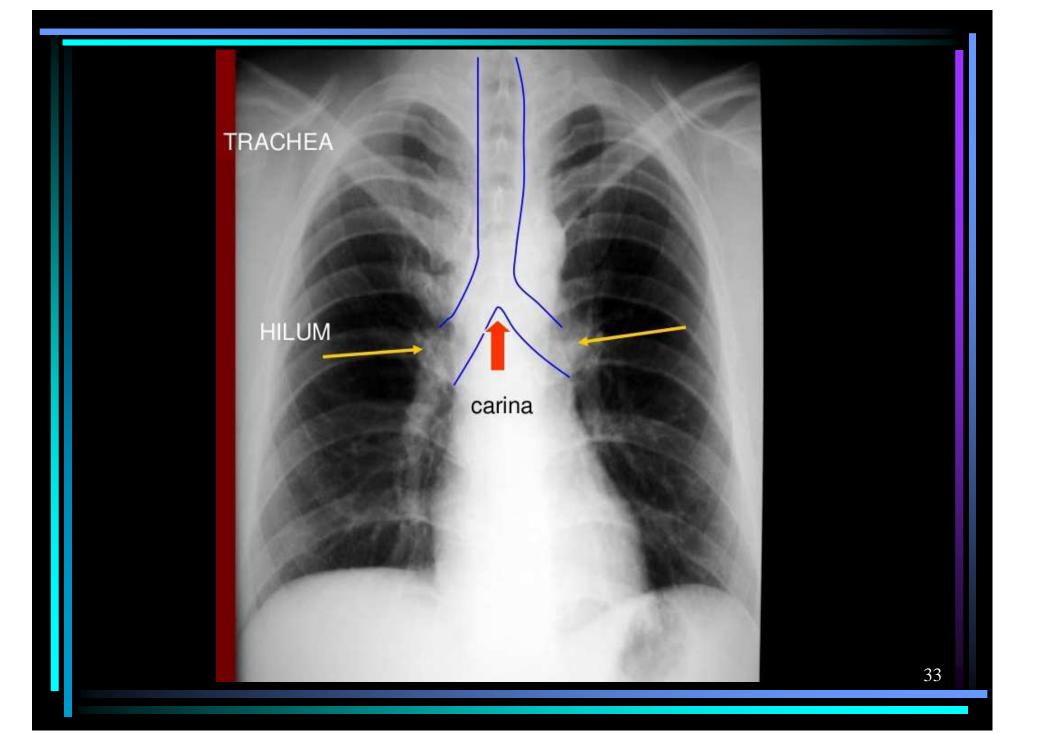
- Check expansion of lungs
- Is the entire thorax visible?
- The lungs are radiolucent with traces of gray linear marking which are blood vessels
- Carina (where trachea divides into right and left bronchus) should be visible with slightly blacker outline over the lung fields themselves. May need to slightly elevate the film to visualize the carina.

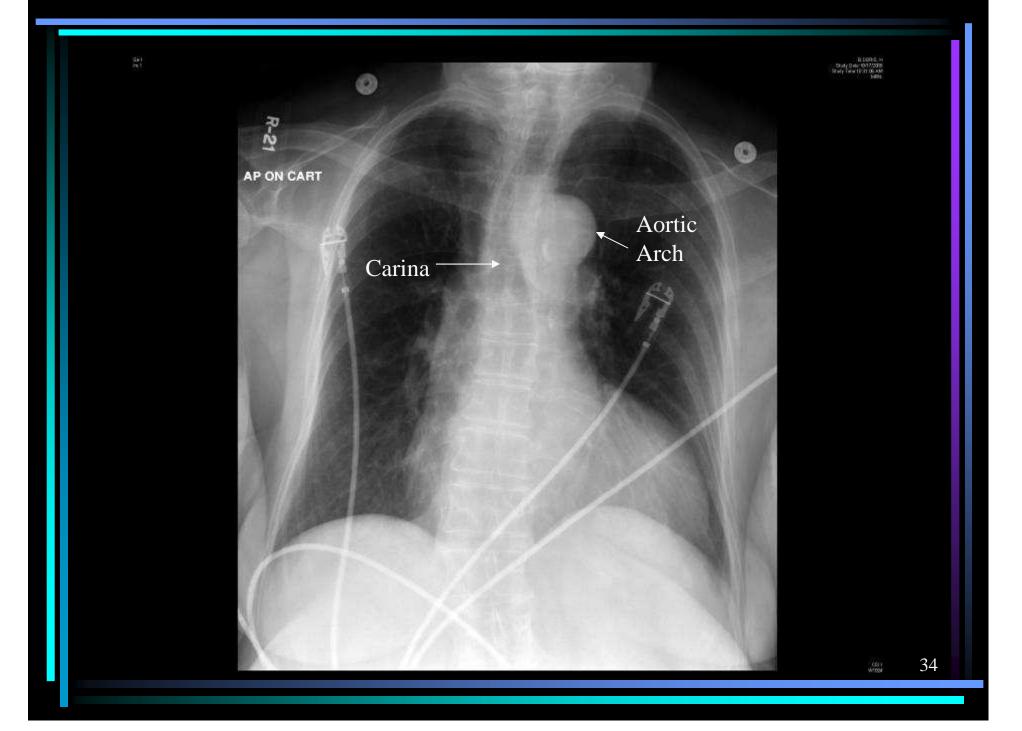
Normal AP

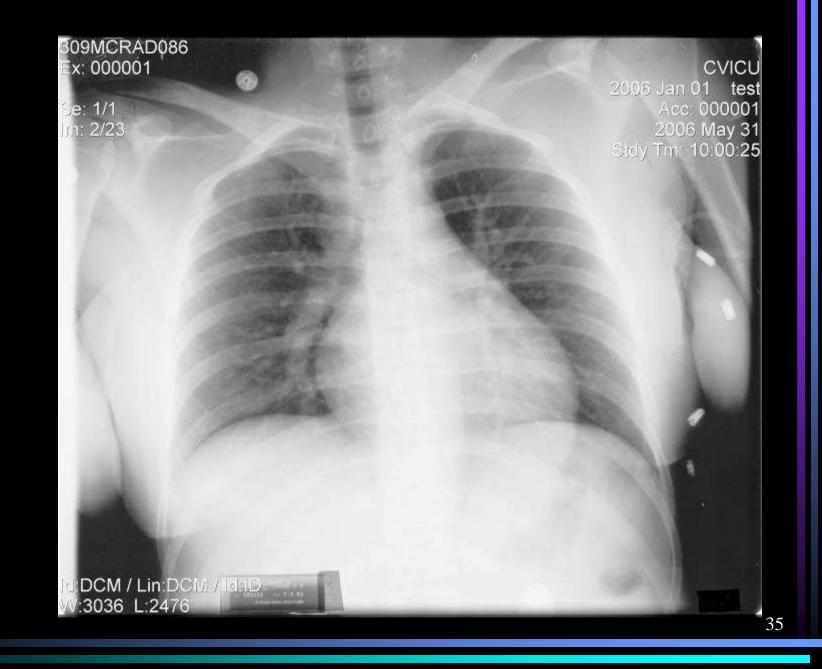






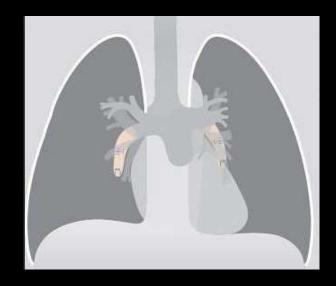


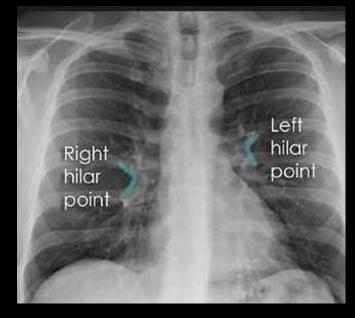




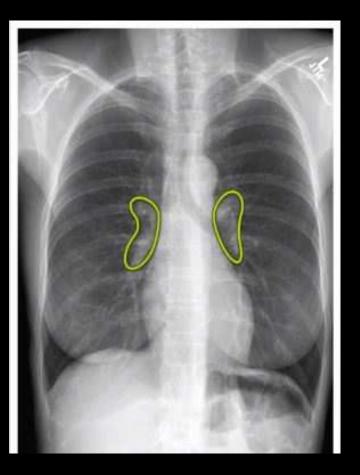
Hila – Lung roots

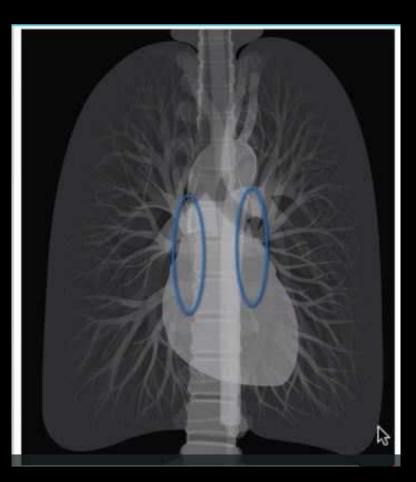
- Consists of
 - Major bronchi
 - Pulmonary veins
 - Pulmonary arteries
- The above structures pass through the narrow hila & then widen and branch out into the lungs
- Left hilum is typically higher than right





Normal Hila

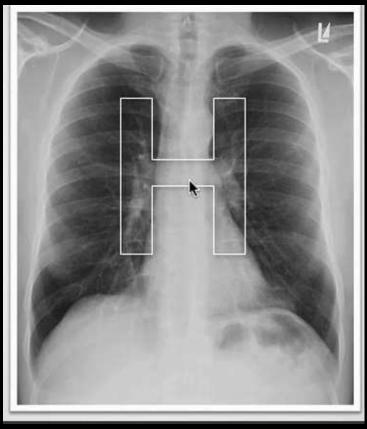


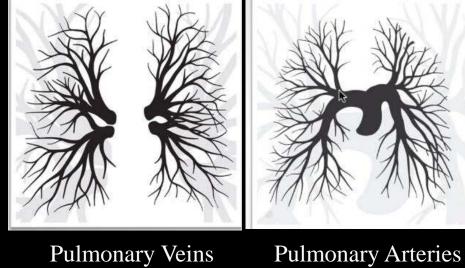


Source:www.medmastery.com

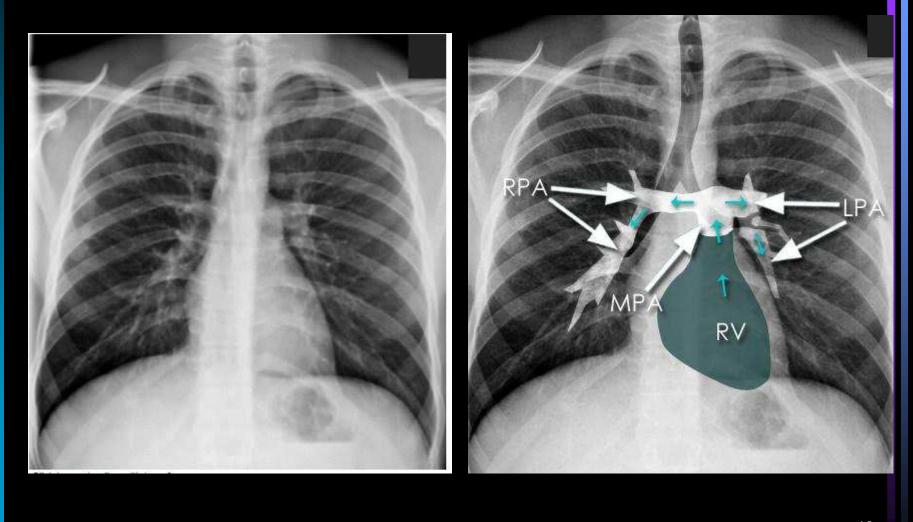


Proximal Pulmonary Arteries Form H-Shape on Frontal CXR





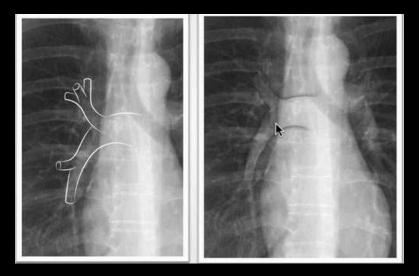
Source: www.medmastery.com

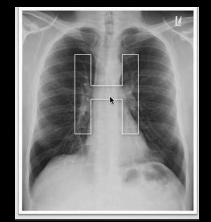




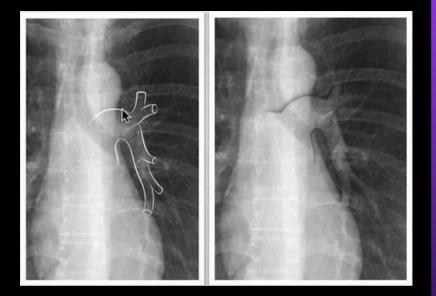
HILAR REGION ON CHEST X-RAY

Right Pulmonary Artery





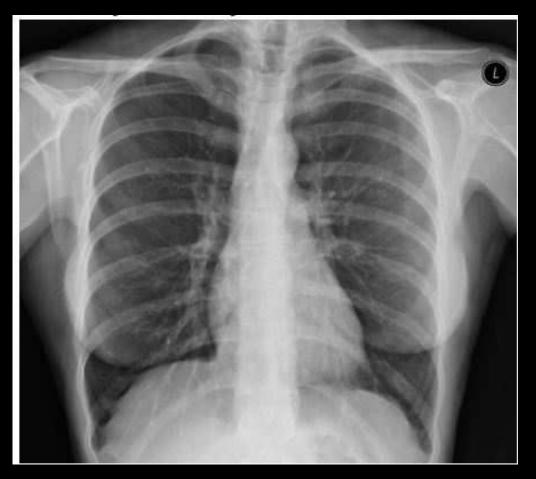
Left Pulmonary Artery



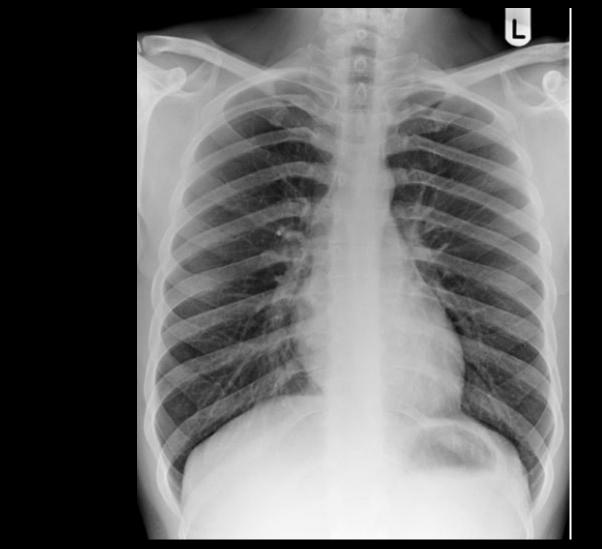
Source: www.medmastery.com

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Normal Hila



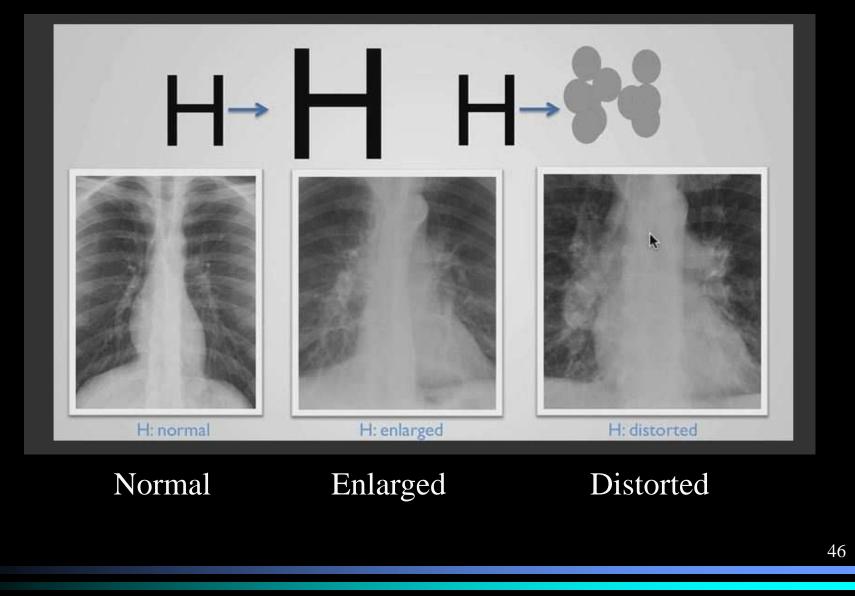
Normal Hila



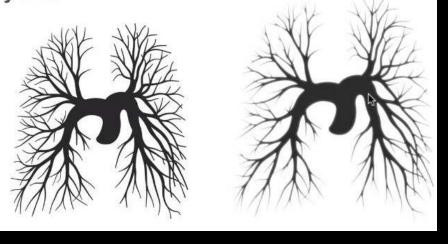
Abnormal Hila

- Increase in density
 - Is it too white?
- Change in size
- Abnormal Position
- Abnormal Shape

Abnormal Hila

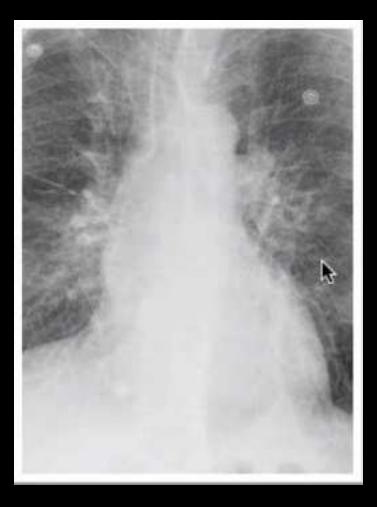


Hazy Hila Pulmonary Edema



Normal

Hazy



Hilar Enlargement

Unilateral Hilar Enlargement

- Tumor
 - Lung Cancer -- Lymphoma
 - Metastasis
- Enlarged nodes
- Infection
 - TB-viral-infection
- Pulmonary arterial aneurysm/stenosis

Bilateral Hilar Enlargement

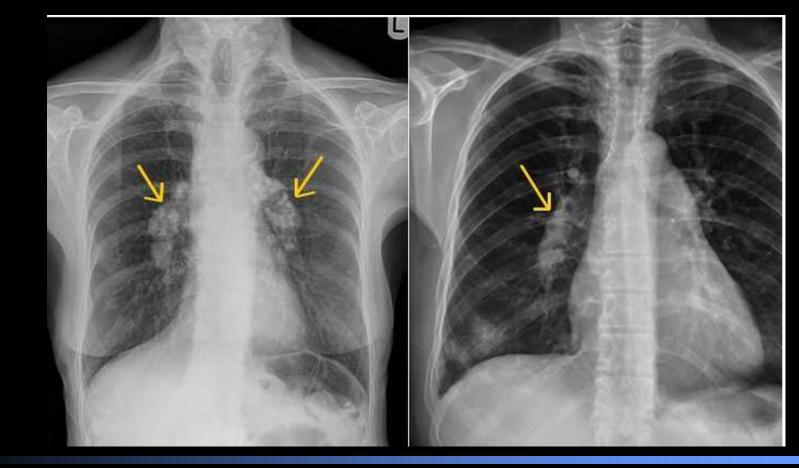
- Pulmonary Hypertension
- Adenopathy
 - Sarcoidosis
 - Lymphoma
 - Metastasis
 - Infection
 - TB-viral-bacterial

Calcified Bilateral Hilar Lymphadenopathy

Unilateral Enlargement

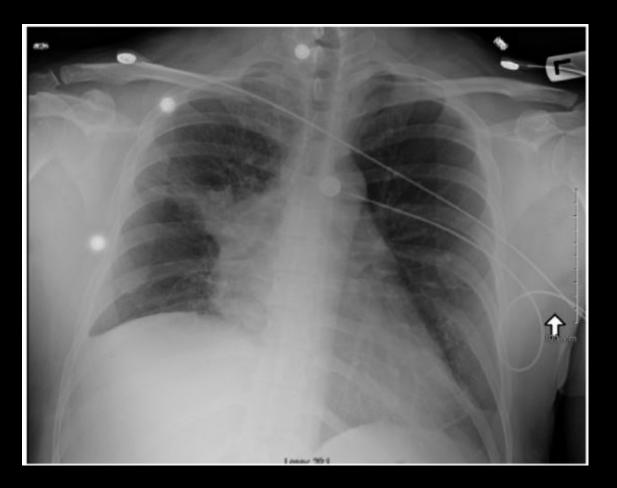
Sarcoidosis

Pulmonary Artery Hypertension



Unilateral Hilar Enlargement

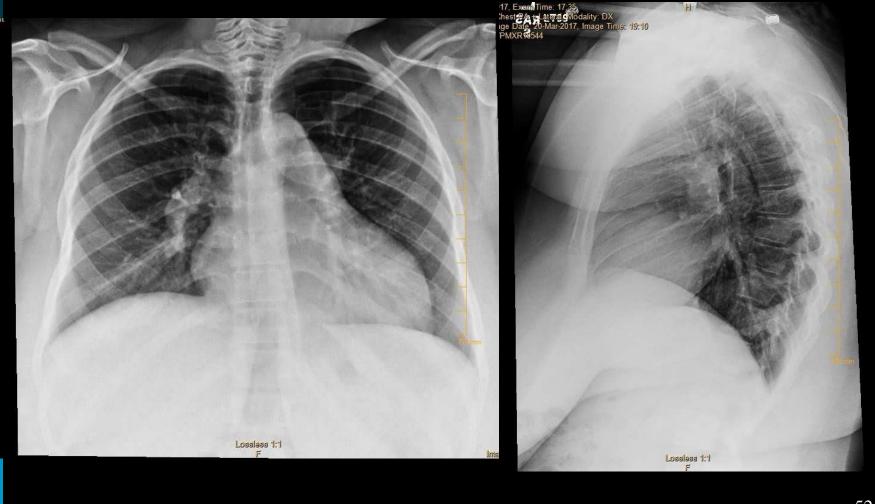
- Large right hilar mass extending to the right upper lobe
- Right pleural effusion



Bilateral Hilar Lymph Node Enlargement Sarcoidosis



Pulmonary Hypertension & Cardiomegaly



Diaphragm

- Diaphragm is normally rounded and concave (domeshaped)
- The right hemidiaphragm is usually higher than the left due to the liver.
- Costophrenic angles are very sharp acute angles formed by the water density of the diaphragm and chest wall

Right Costosphrenic angle

Right Diaphragm

/ Lin:DCM / Id:ID

L:2429

RAD086

0001

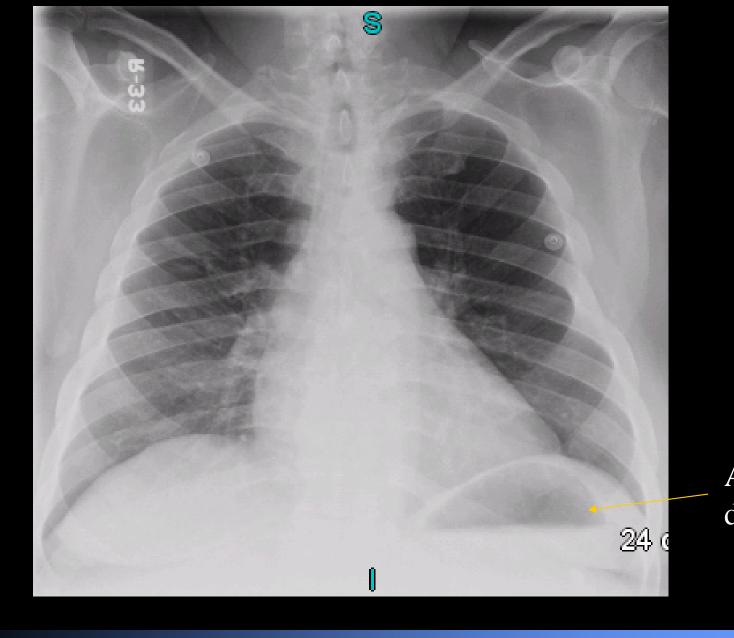
Left Diaphragm 2006

Stdy

Left

angle

Costosphrenic



Air under diaphragm

Diaphragm Variations

- Normal diaphragm elevations occur with
 - obesity
 - pregnancy
 - pain
 - bowel obstruction
- Flatten diaphragms
 - emphysema
- Unilateral diaphragm changes
 - abdominal organ distention or paralysis

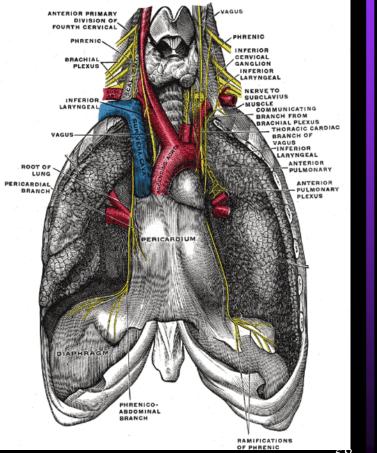


Elevated right diaphragm.... Maybe phrenic nerve cut during surgery.



Phrenic Nerve Injury Causes

- Cold injury to nerve from cardioplegia solution
- Surgical trauma during takedown of IMA



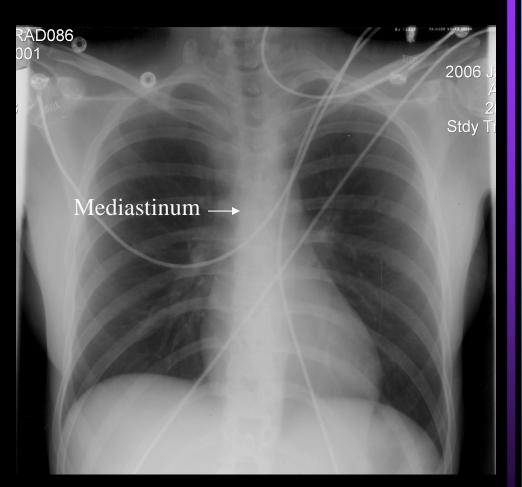
Pleura

 Pleural is only able to be identified if separated from the thoracic lining by fluid or air



Mediastinum

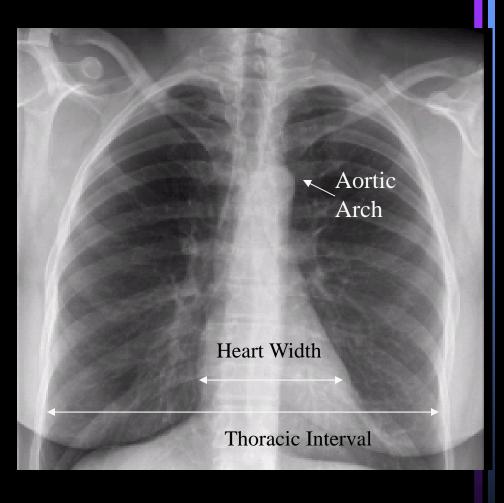
- Check for mediastinal shifts
- Check for increasing shadows from tamponade, aneurysms, tumors

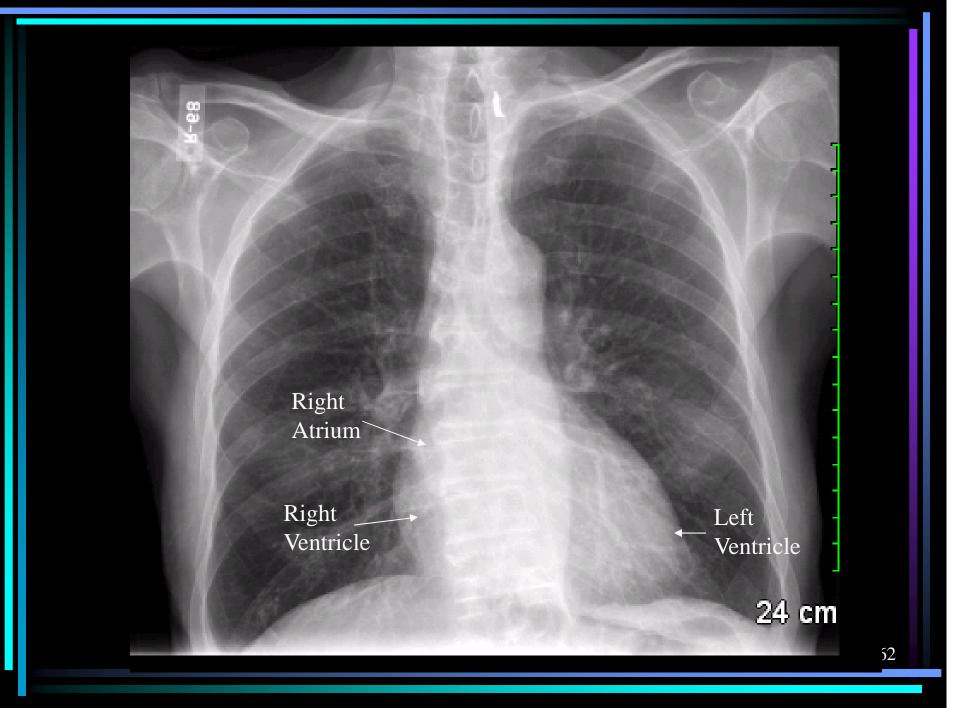


Heart and great vessels

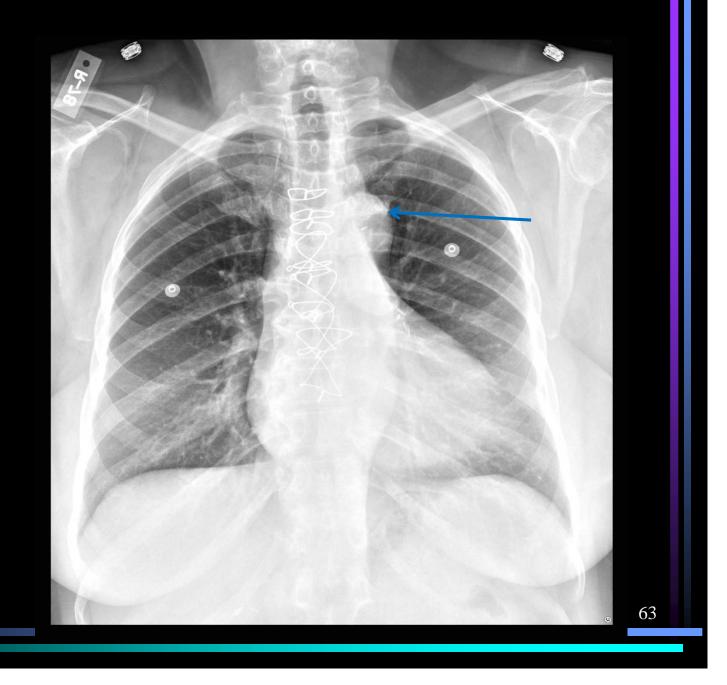
• Check size

- Should be < 50% of the Cardiothoricic ratio (CTR)
- CTR = Horizontal width of the heart/widest thoracic interval
- Check aortic arch for aneurysm
- Check for prosthetic valves

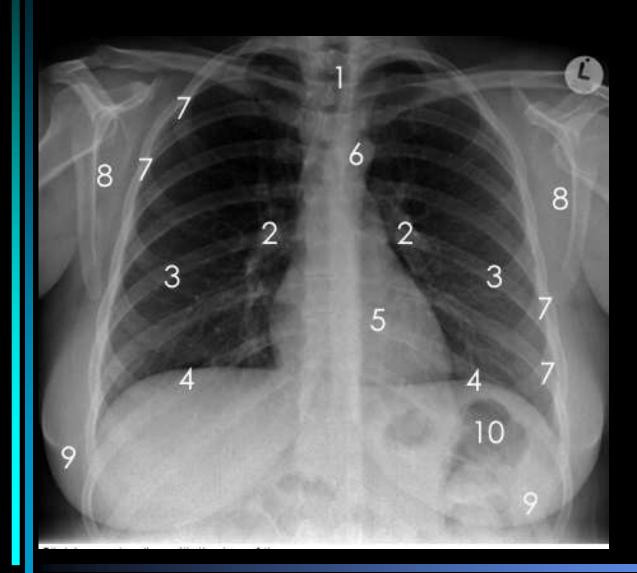




Prominent Aorta



Chest x-ray anatomy



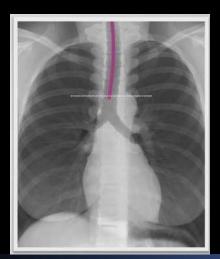
- 1 Trachea
- 2 Hila
- 3 Lungs
- 4 Diaphragm
- 5 Heart
- 6 Aortic knuckle
- 7 Ribs
- 8 Scapulae
- 9 Breasts
- 10 Bowel gas

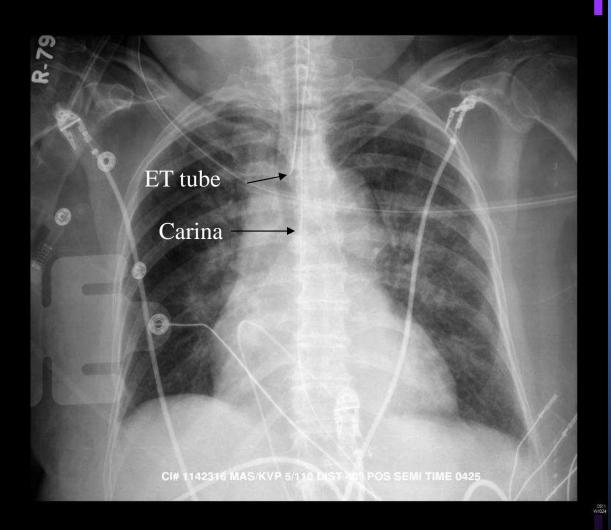
Nonphysiological structures -- lines, etc

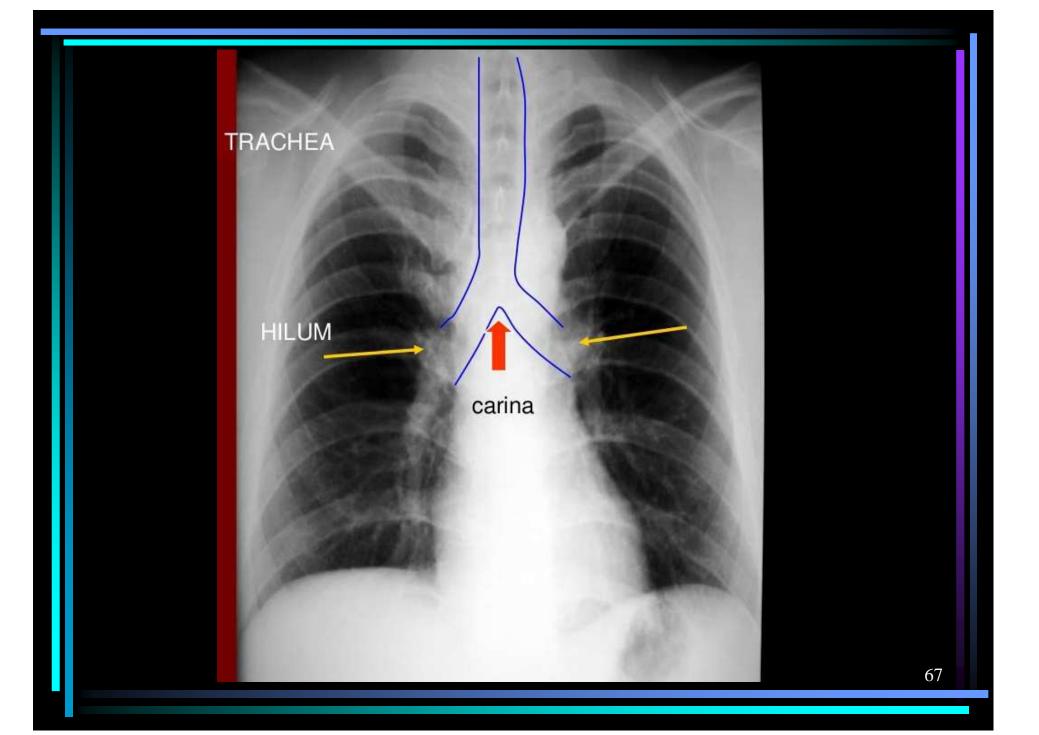
- ET tube: Correct placement is usually 5 cm above the carina but can be 2 – 8cm above carina
- Trach tubes: Position
- Nasogastric tubes: Thin radiopaque line down in the esophagus to the stomach
- Central venous line: Tip should be in right atrium
- Swan ganz catheter: Tip should be in pulmonary artery
- Pacemaker: Look for point of origin, location of wires transvenous, epicardial, or permanent, generator
- Prosthesis: Valves, bone pinnings,
- Sutures: Clips, metal rings, wire sutures
- Chest tubes: Location inserted high in apex for pneumothorax, low in bases for effusions or hemothorax.
- Intraaortic Balloon Catheter: Tip should be in the aorta 2 cm below the aortic arch
- Foreign bodies --- bullets, inhaled objects, swallowed objects, safety pins, hemostats

ET tube

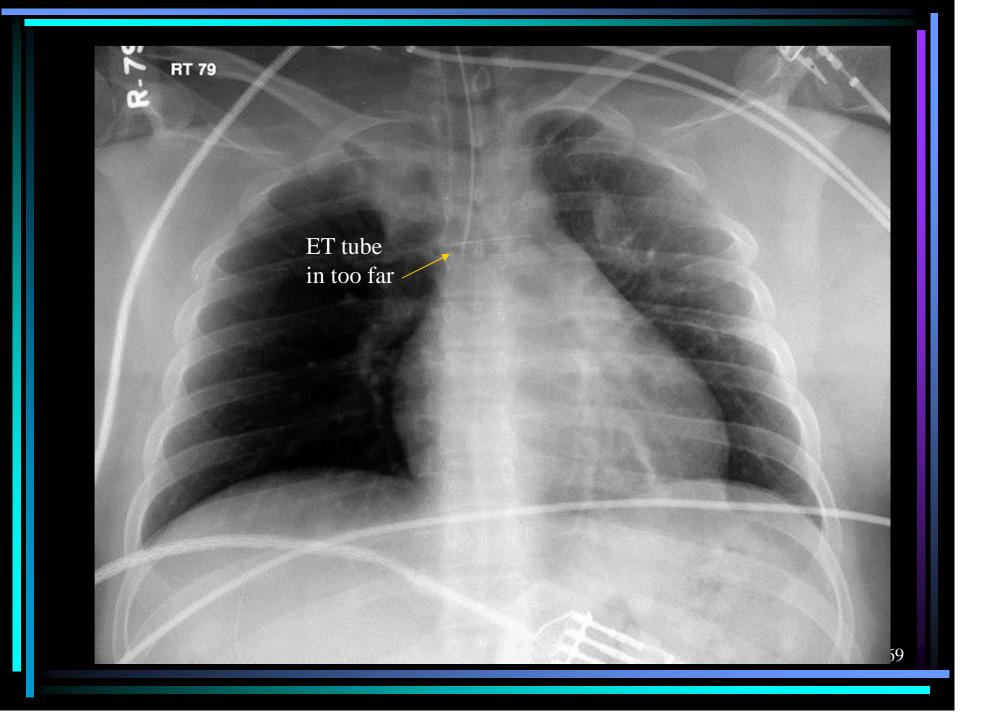
- Correct placement 4 - 5 cm above the carina
- Can be 2 8 cm above carina

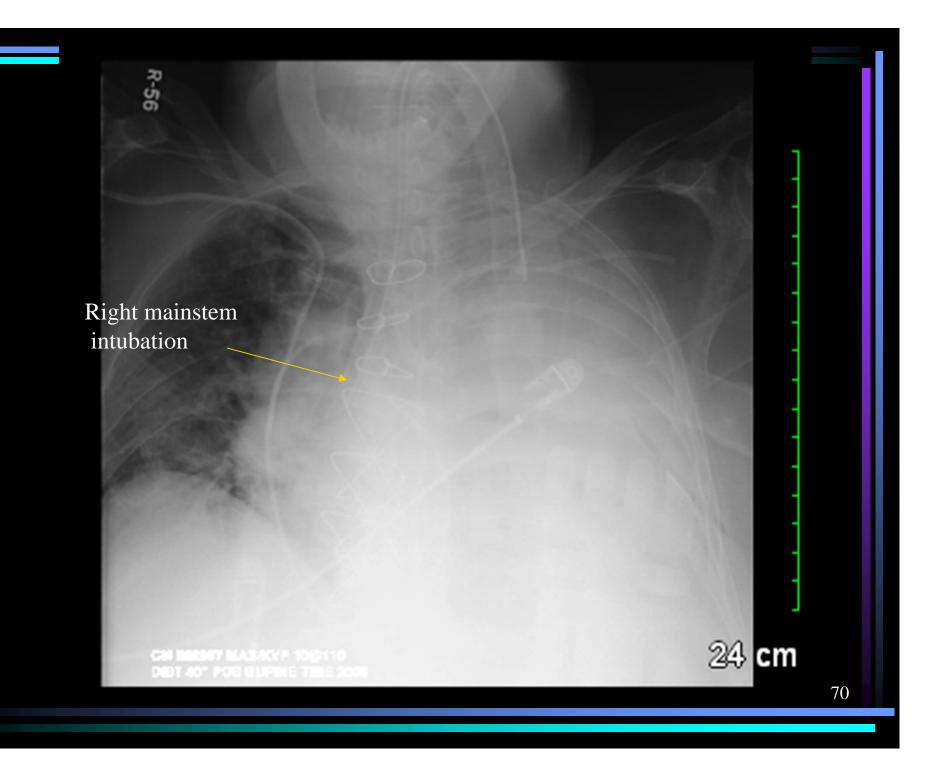






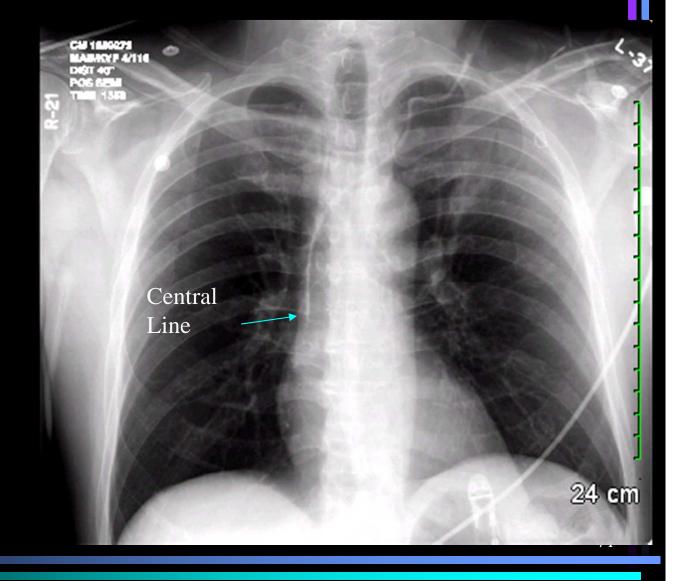
ET tube correct position Cardiomegaly RIGHT \$4 ET tube GU 111 KH2 MASKYF 3,8/10 POSTICH SHIE KIST 4/ THE 11 K 258



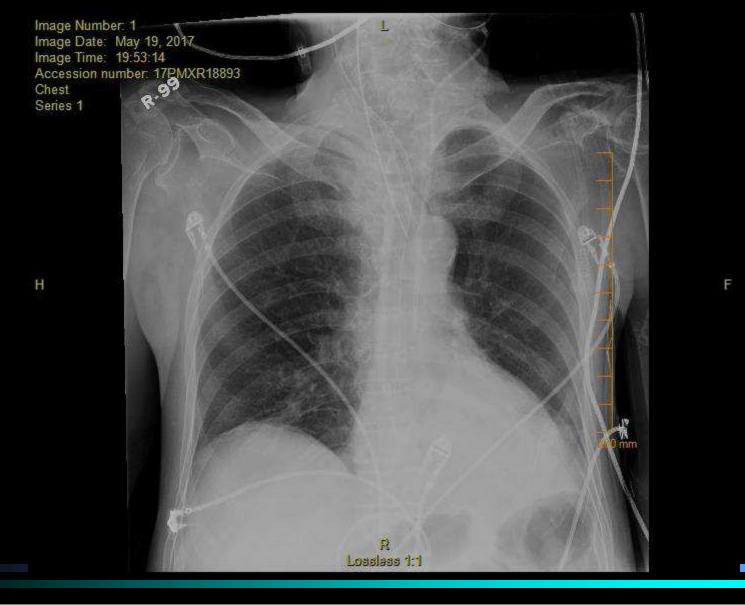


Central venous line:

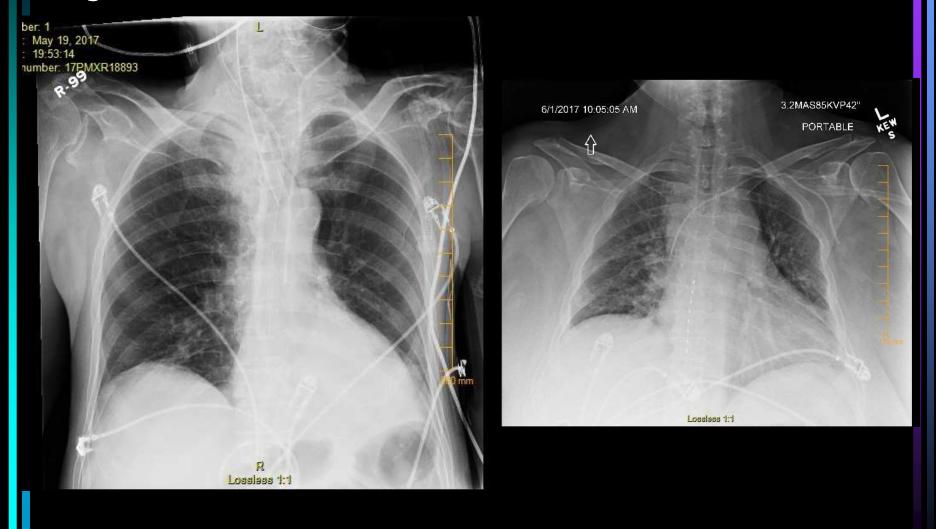
• Tip should be in right atrium

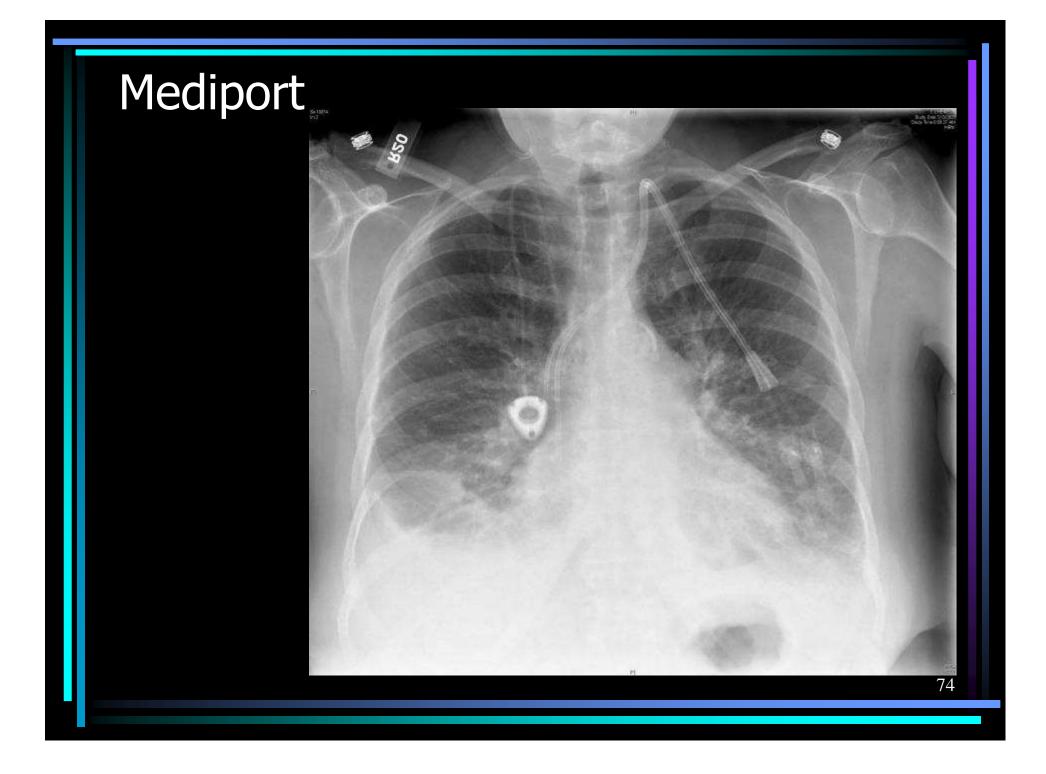


CXR for ET tube and central line insertion



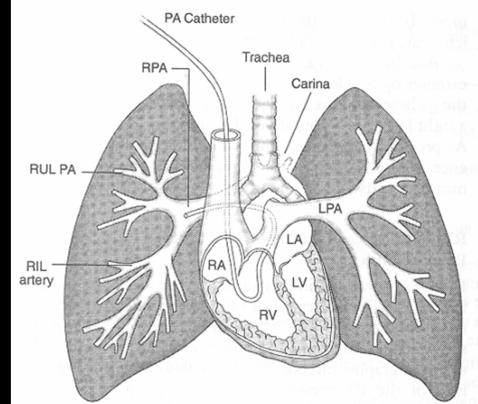
If CL is inserted in the left, it should cross over to the right to get to the inferior vena cava

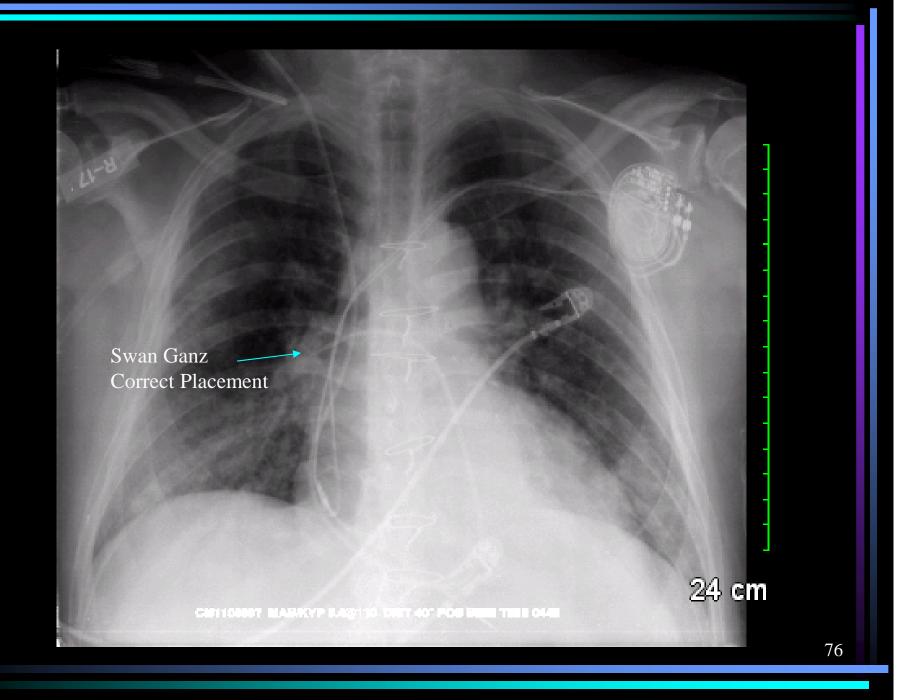


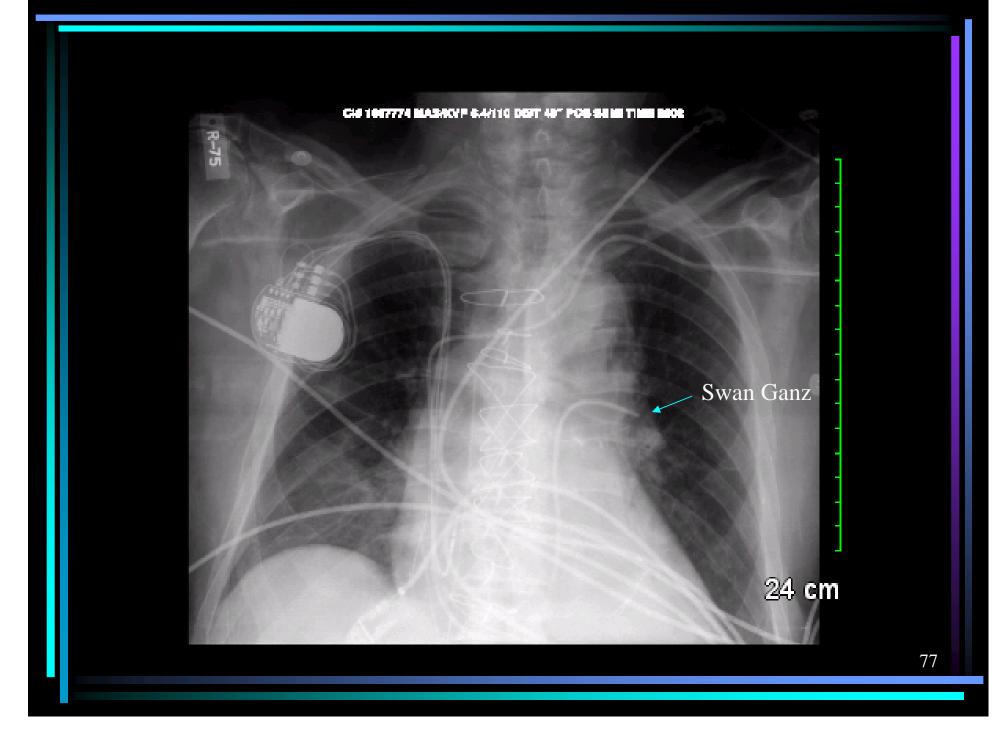


Pulmonary Artery Catheter Swan Ganz Catheter

- Tip should be in the proximal right or left pulmonary artery
- Tip should be about 2 cm from the hilum or no more than 2 – 4 cm beyond the vertebral midline

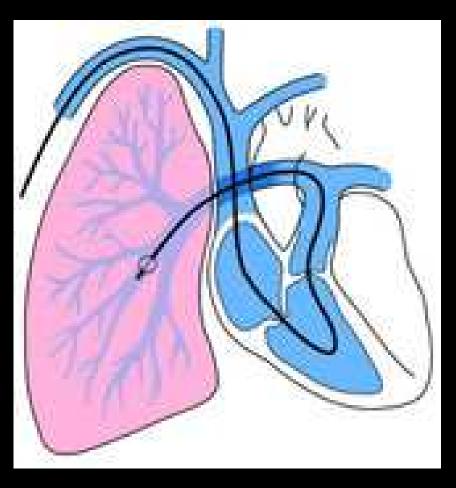


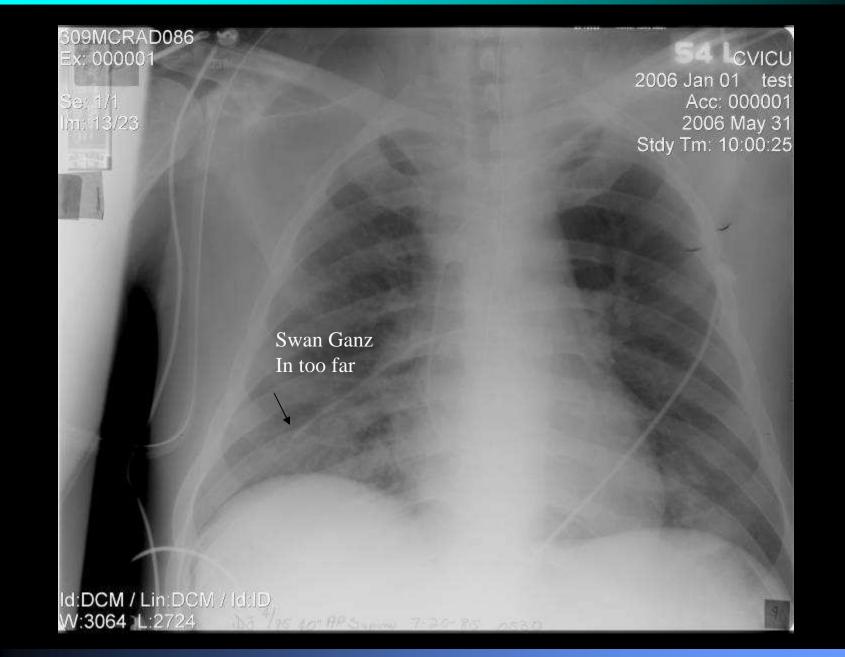




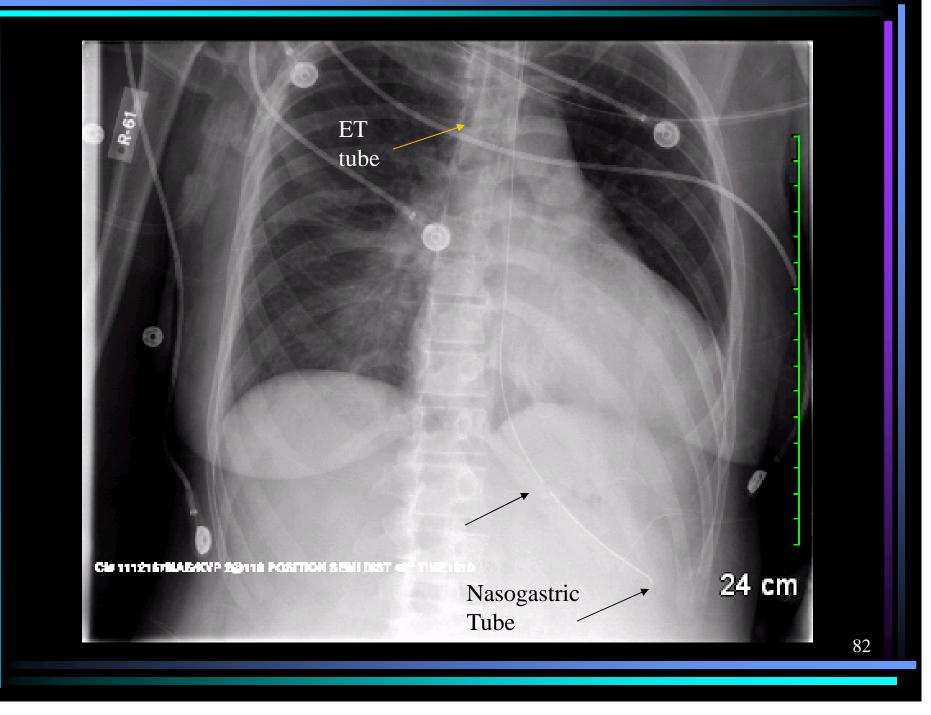


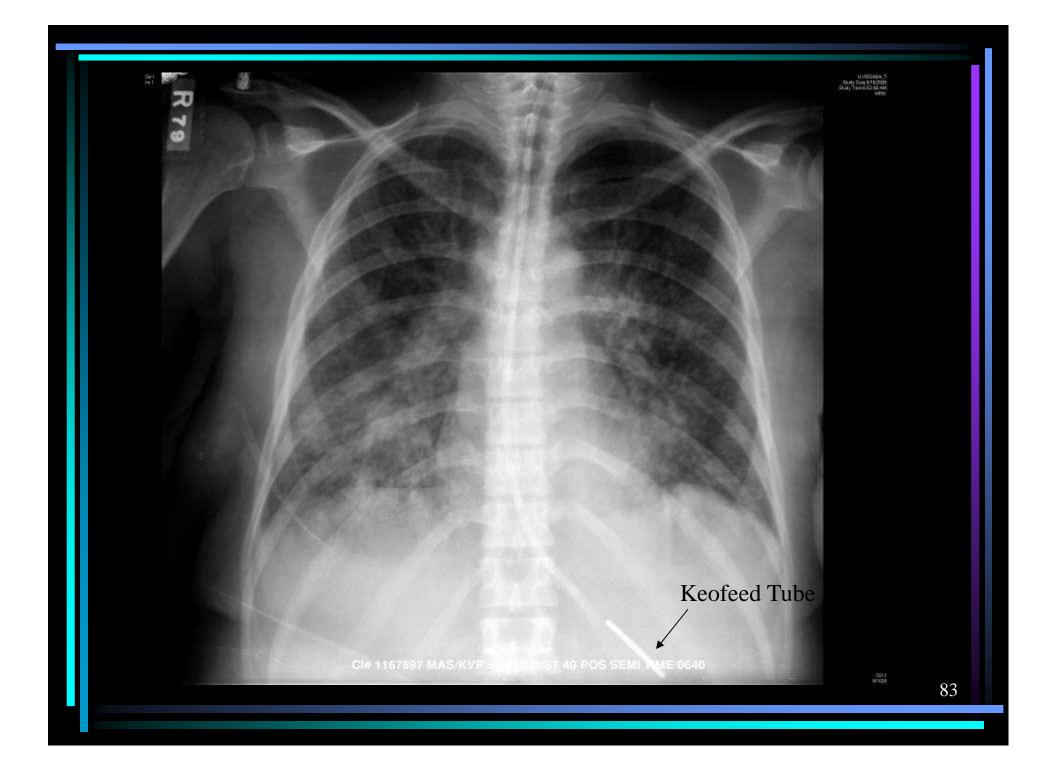
- Tip should not be in the peripheral or distal pulmonary artery
- May cause pulmonary infarction or pulmonary artery rupture

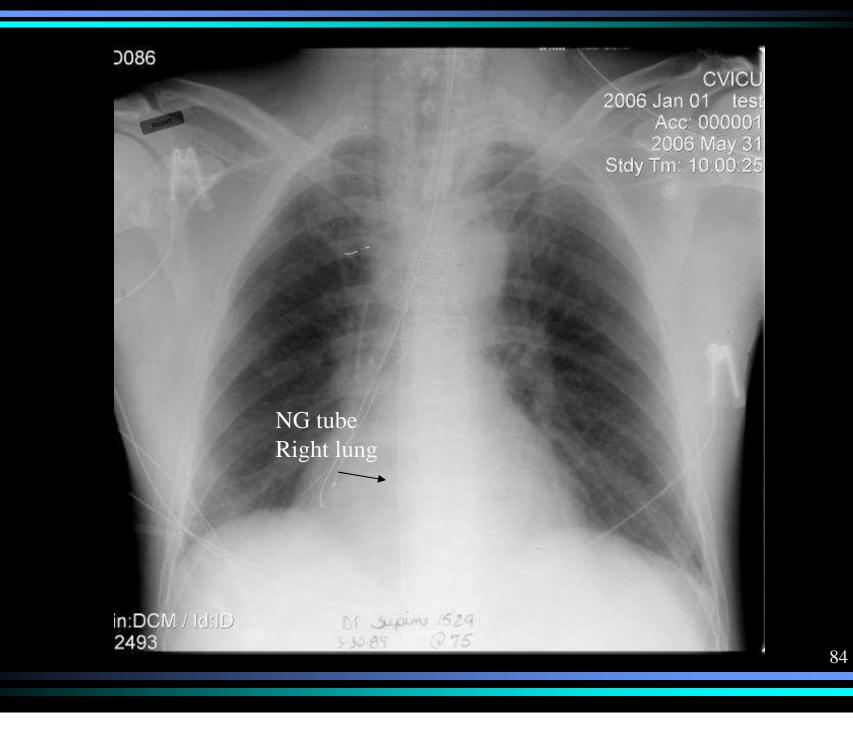














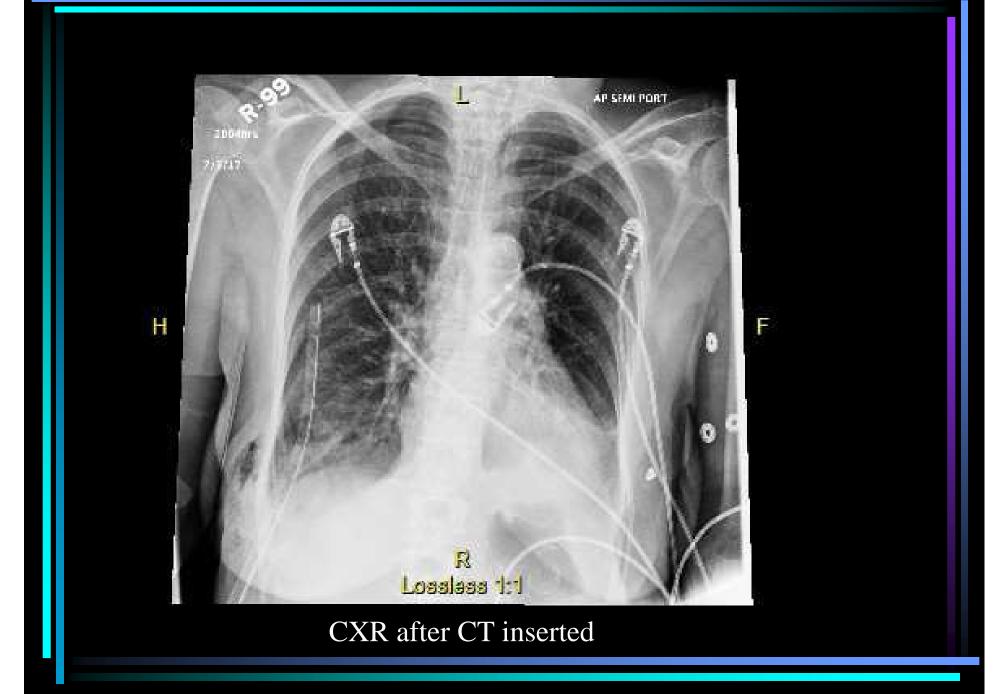




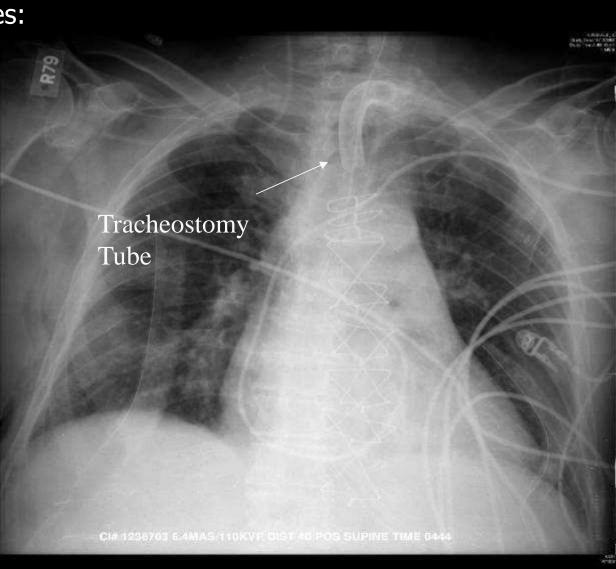
CXR NG

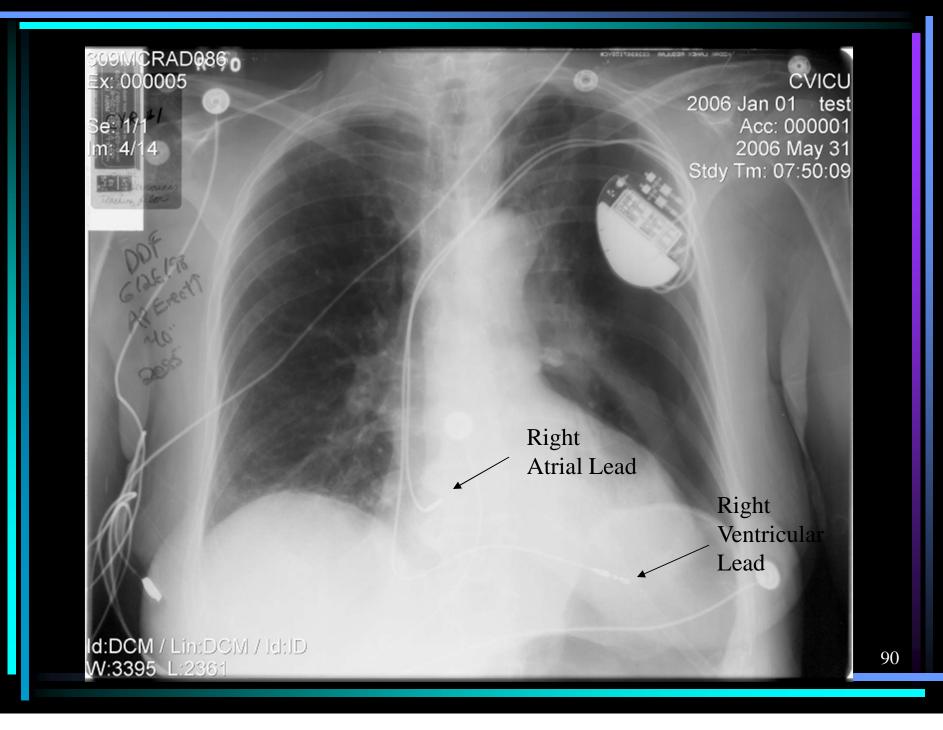
CXR 2 hours later

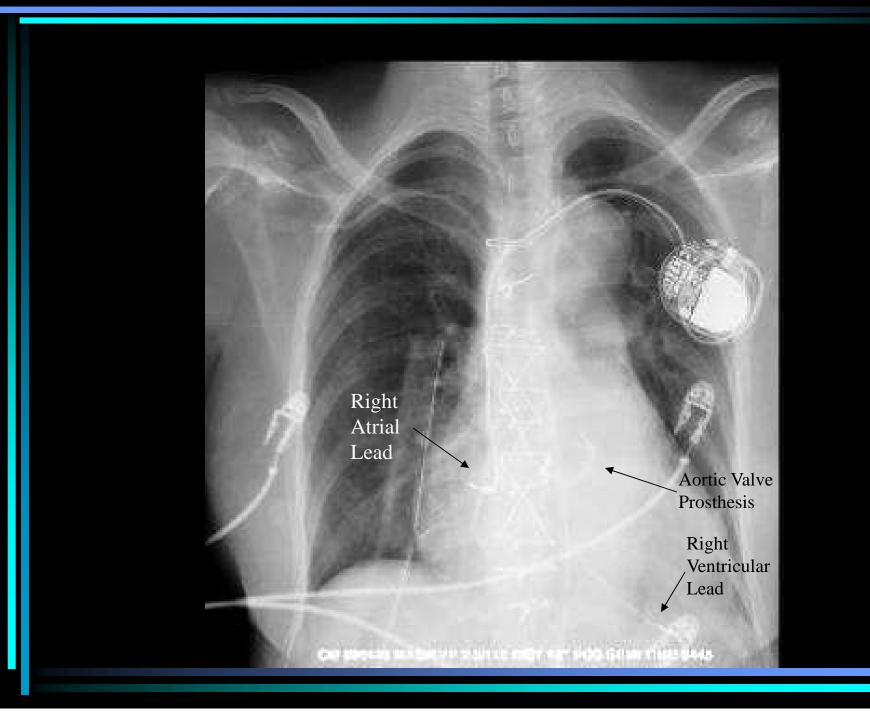




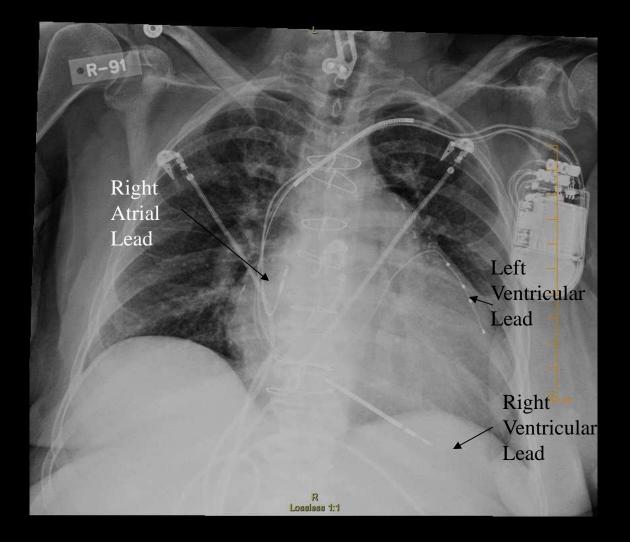
Tracheostomy tubes: Check Position



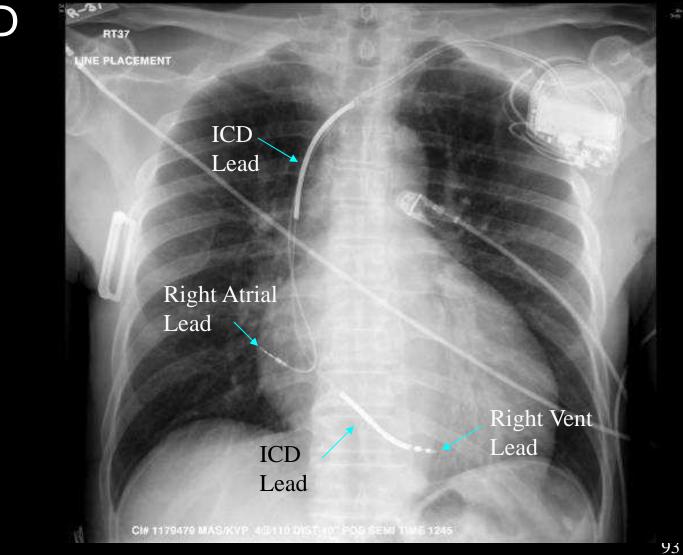


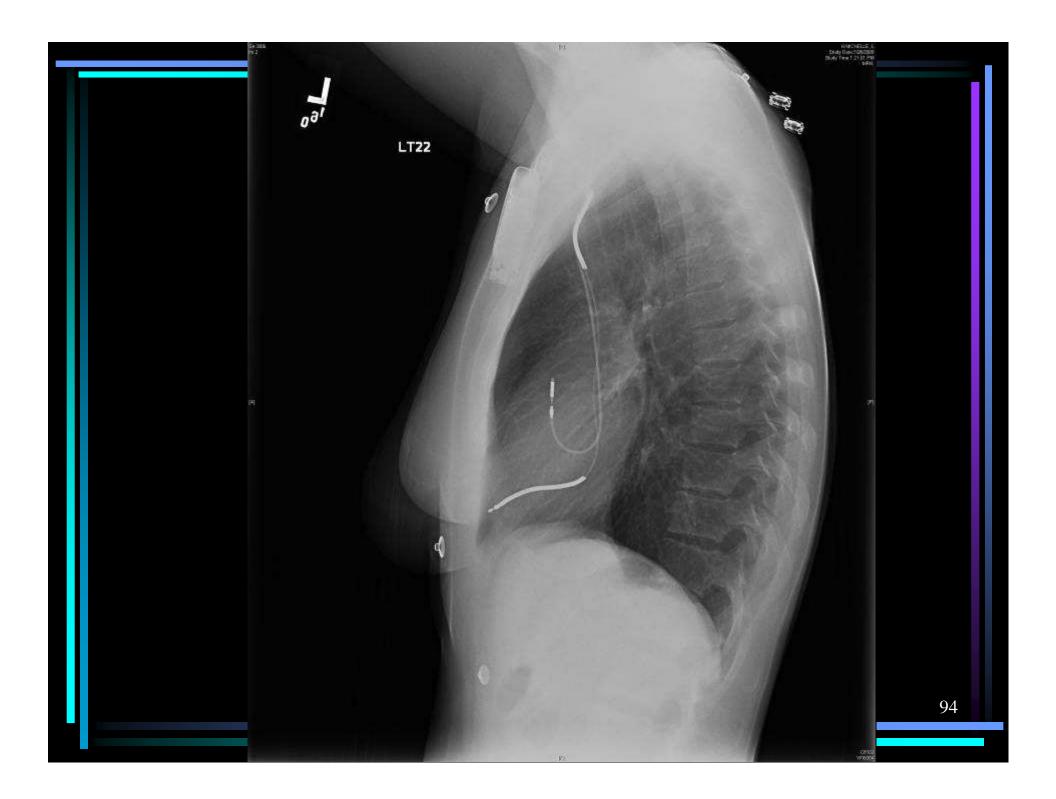


Biventricular Pacemaker

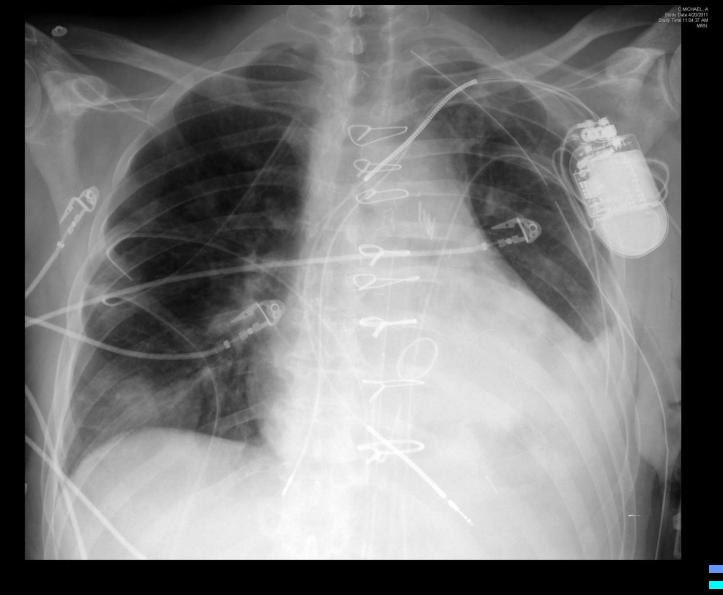


DDD pacer and ICD

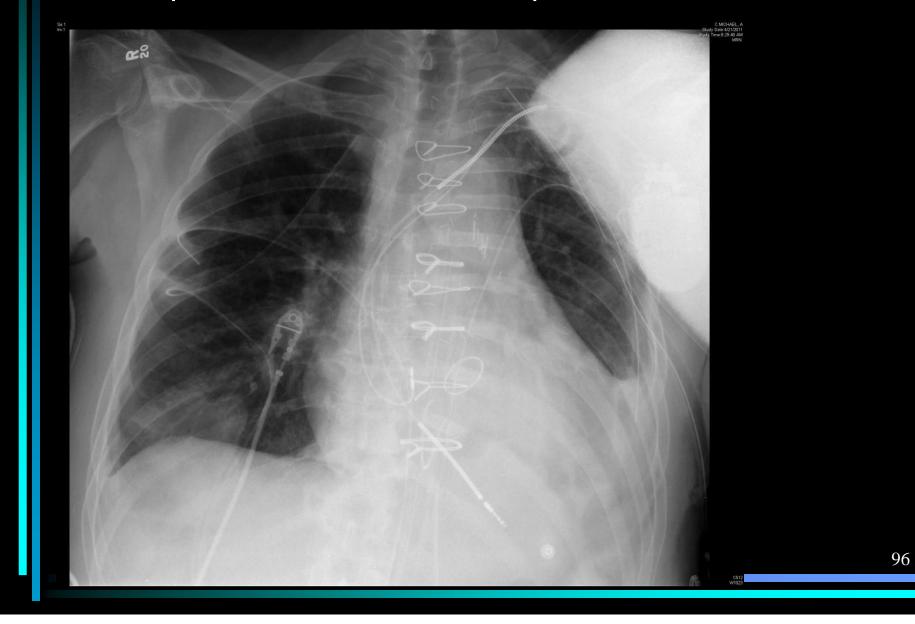




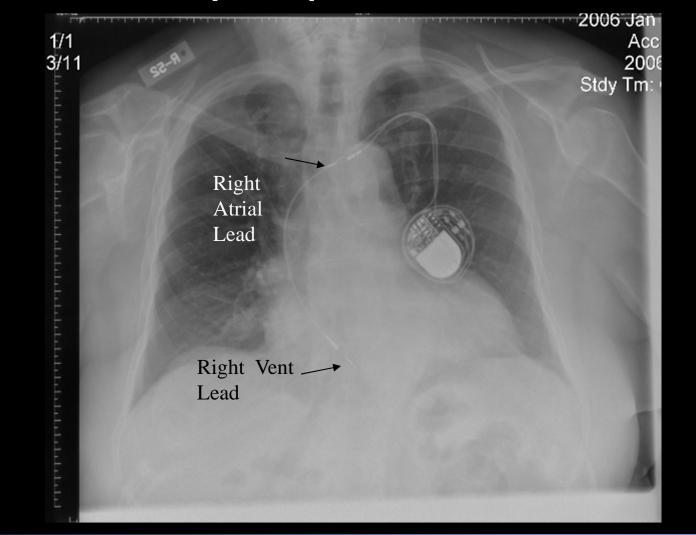
CXR post DDD placement



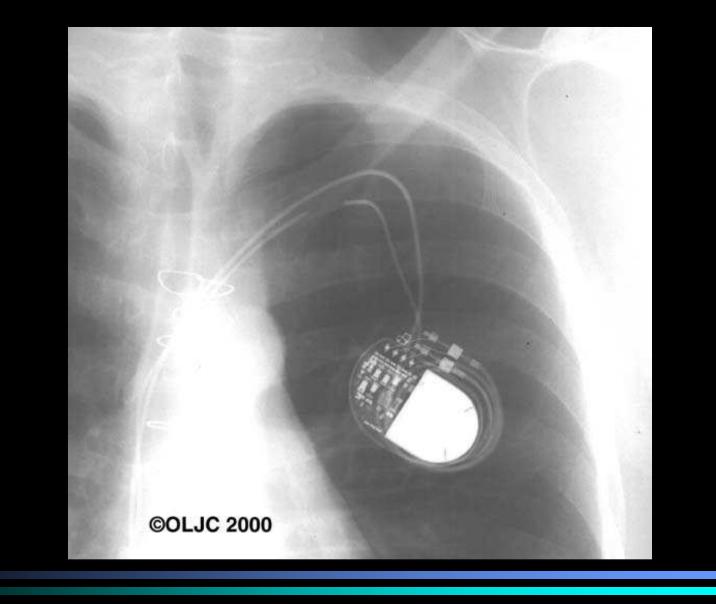
Same patient after atrial lead repositioned

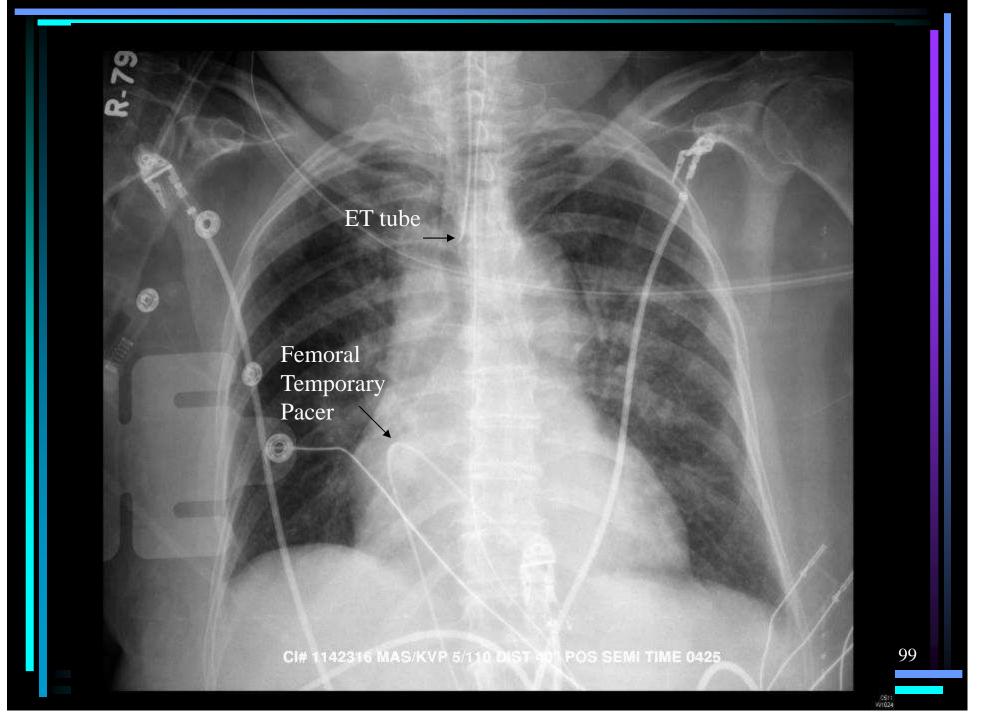


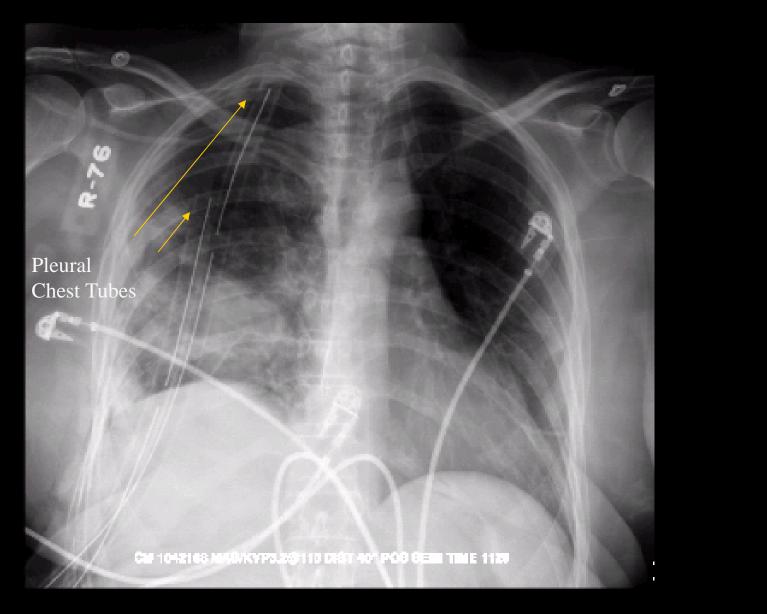
Patient c/o syncope

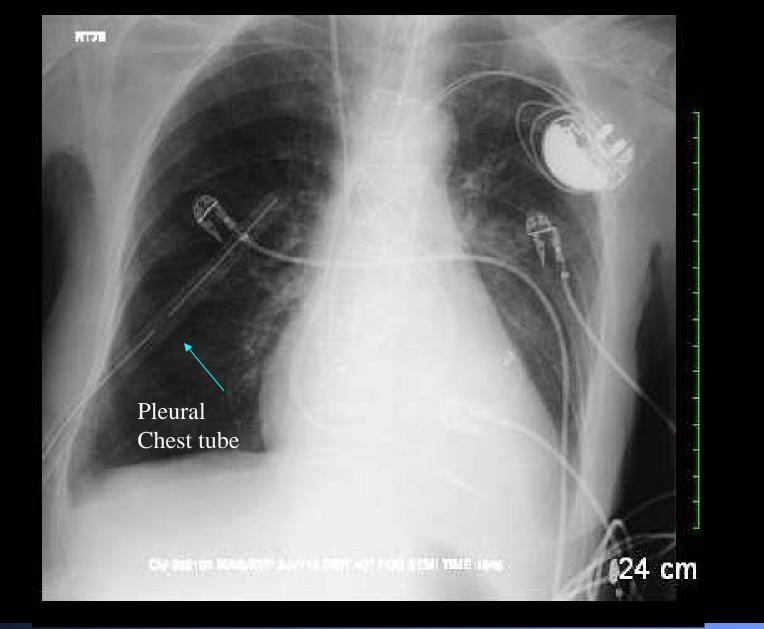


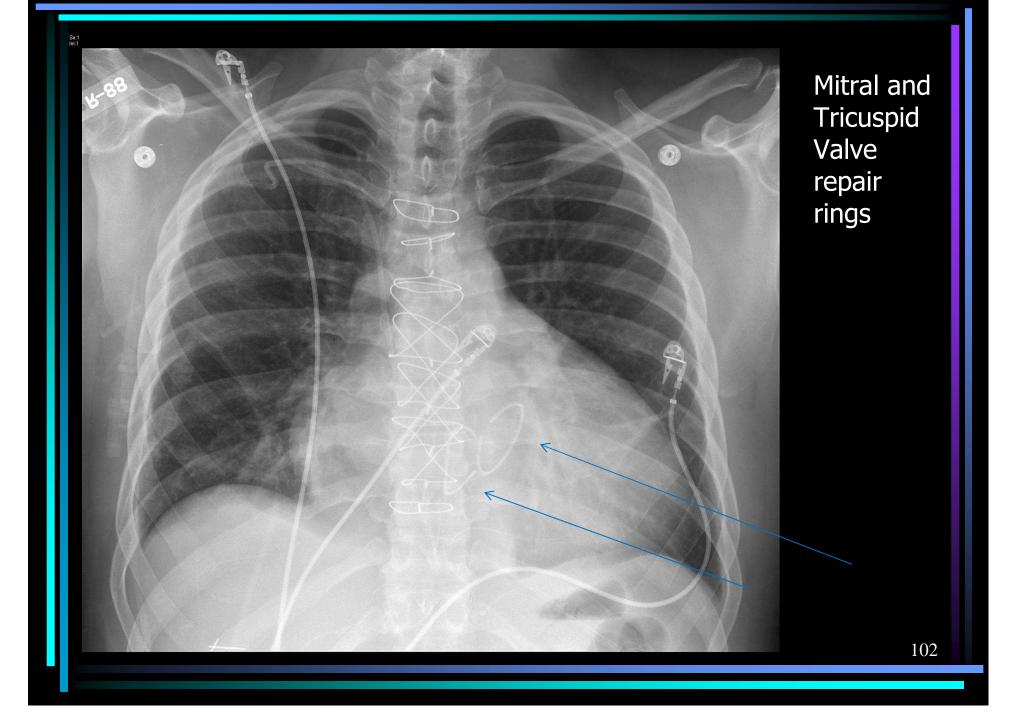
Lead Fracture









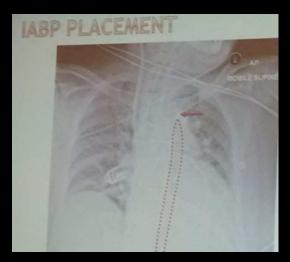


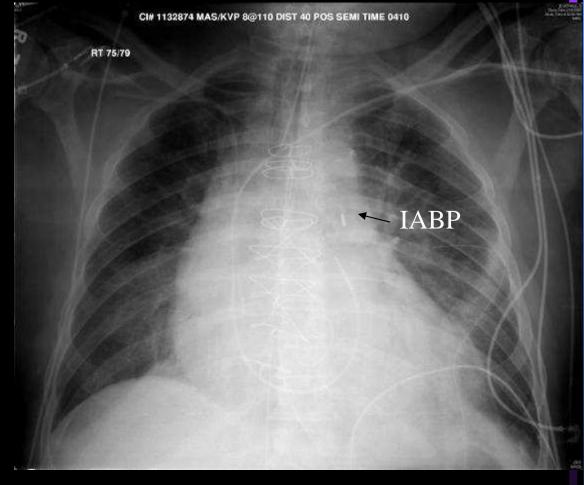
Lateral view of same patient with mitral and tricuspid valve ring repair

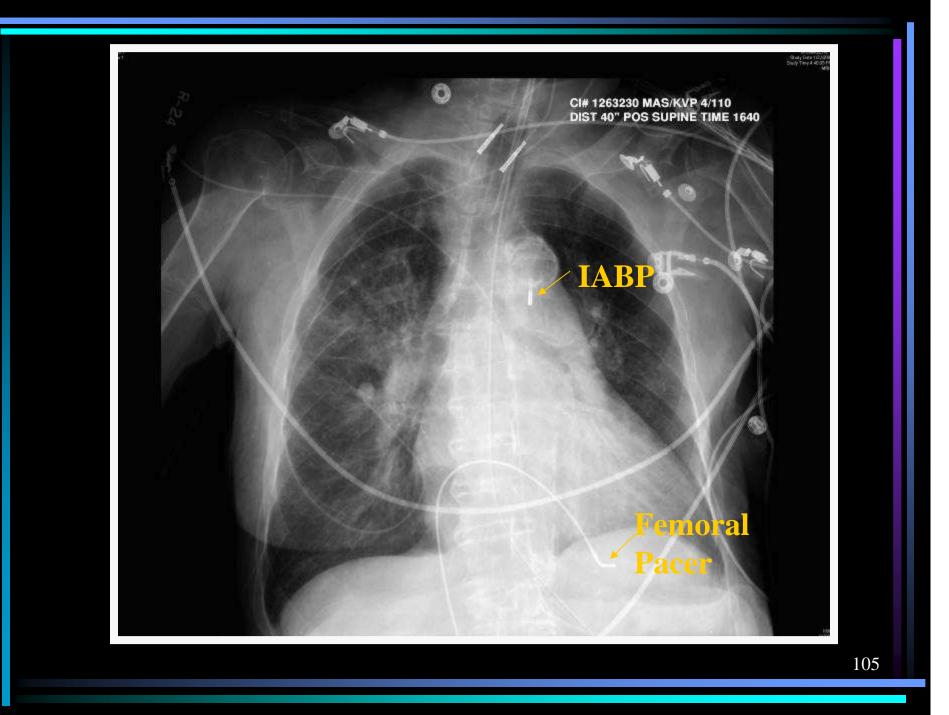


IABP Intra-aortic balloon pump

 Tip should lie distal to the origin of the left subclavian artery



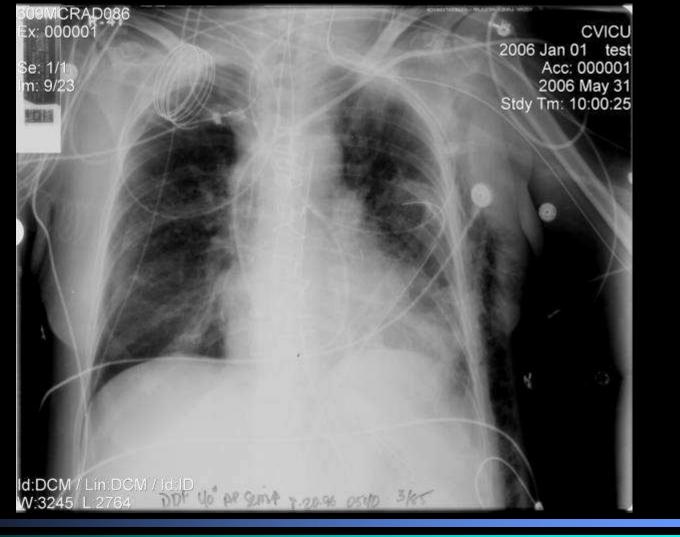


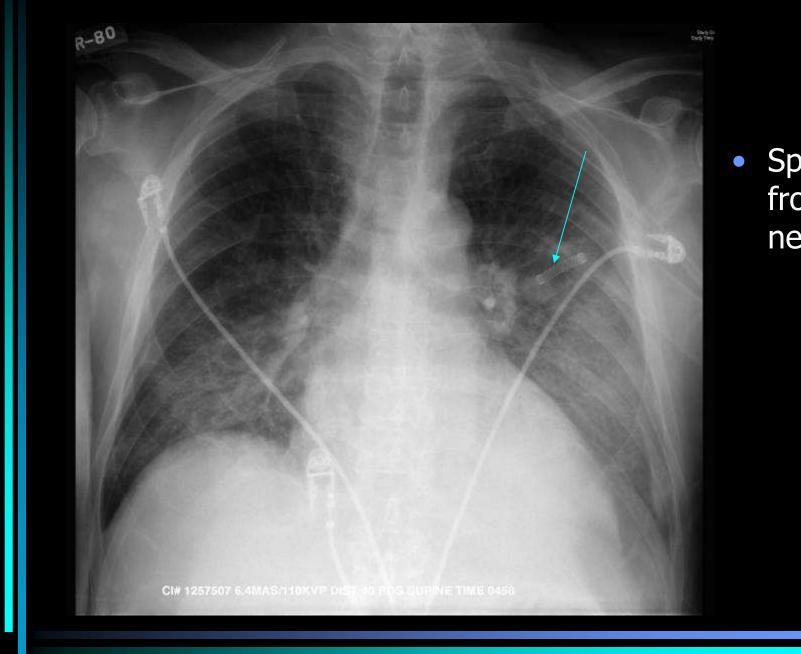


IABP Inflated



ICU RN responsibility to clear lines off chest



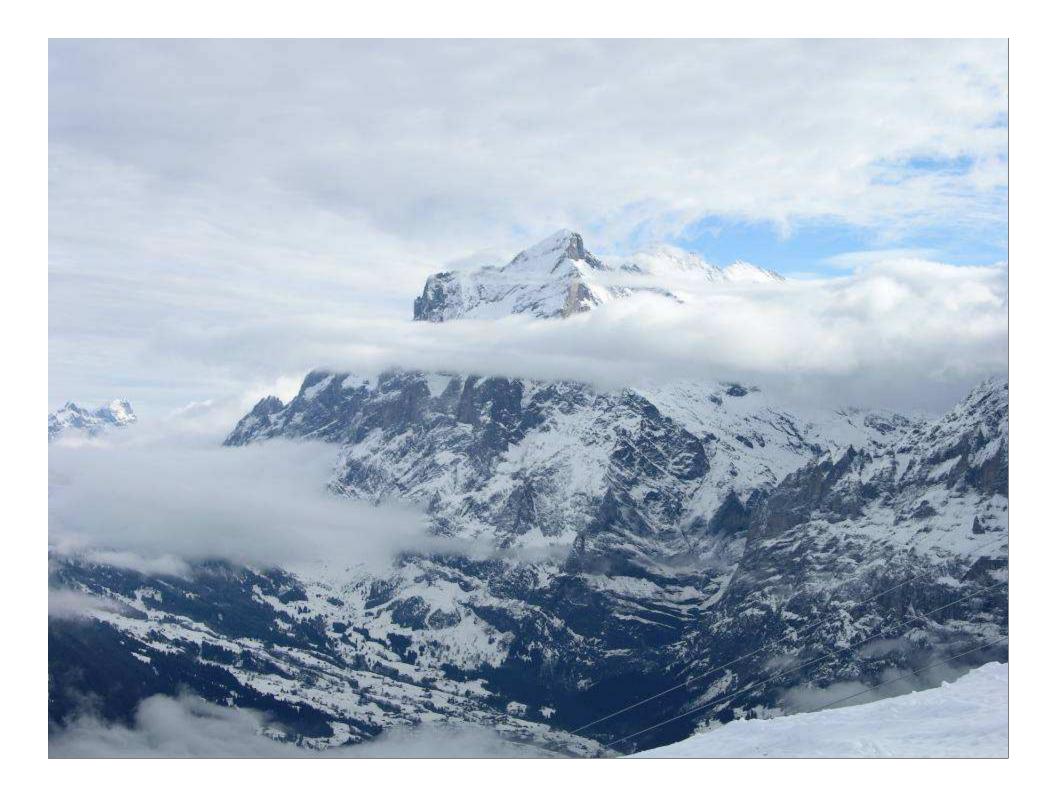


 Spring from nebulizer



Clinical Findings





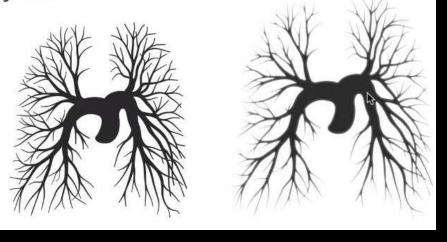
Clinical Findings that show up *White*

- Pulmonary Edema
- Pneumonia
- Pleural Effusion
- Atelectasis
- Tumors
- ARDS

Pulmonary Edema

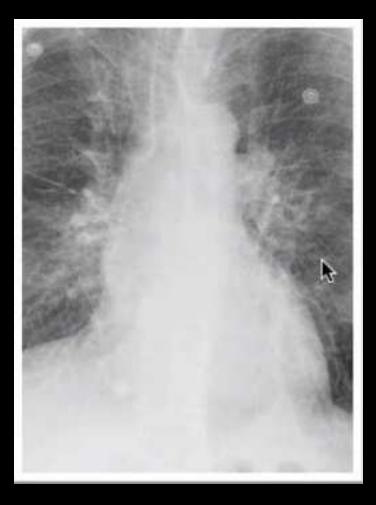
- Fluid in the pulmonary vasculature
- Will appear white on CXR
- Butterfly or batwing pattern
- Kerley B lines: thin linear pulmonary opacities caused for fluid or cellular infiltration into the interstitium of the lungs
- Treatment:
 - Diuretics

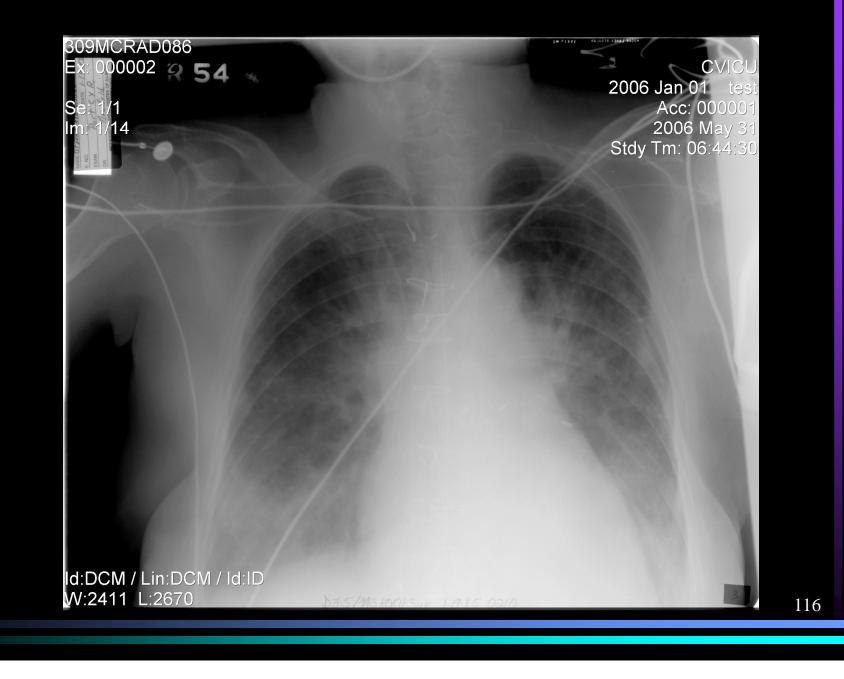
Hazy Hila Pulmonary Edema

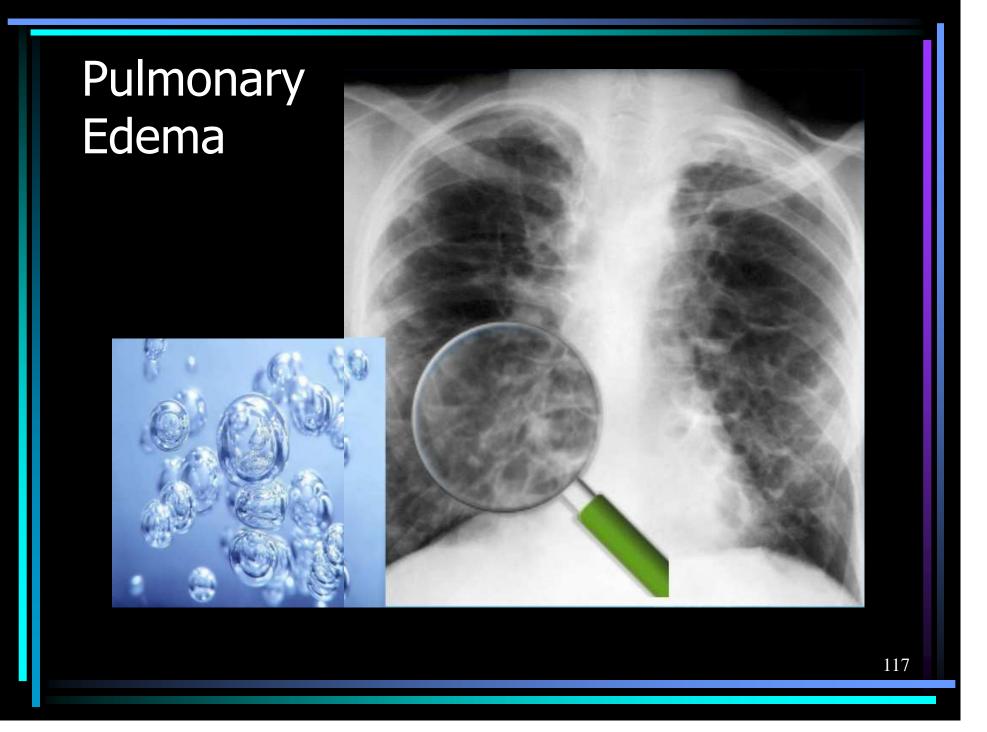


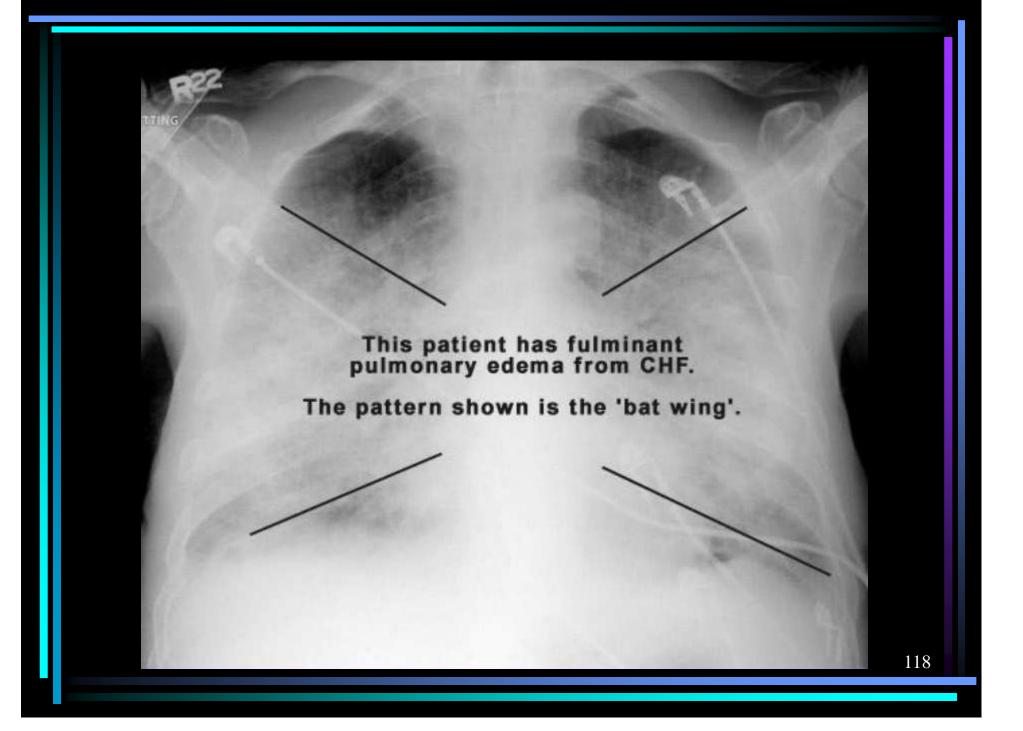
Normal

Hazy





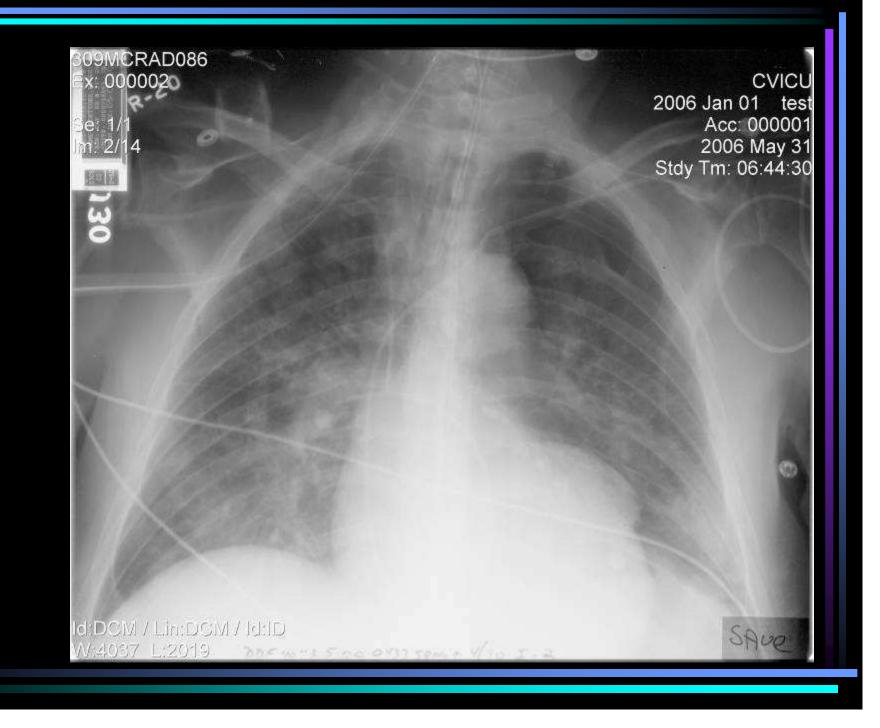


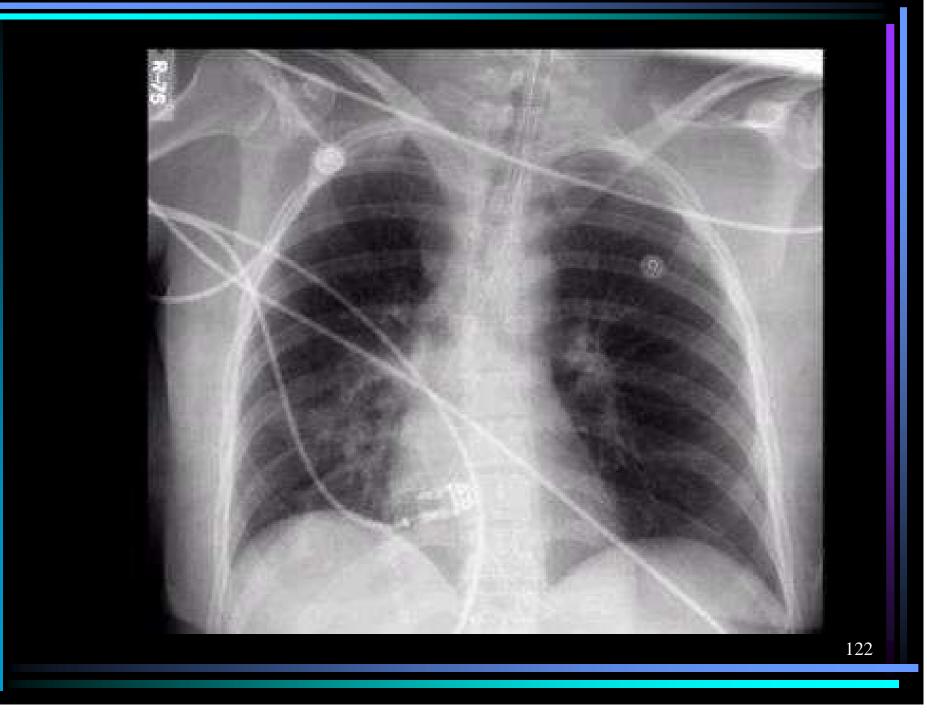


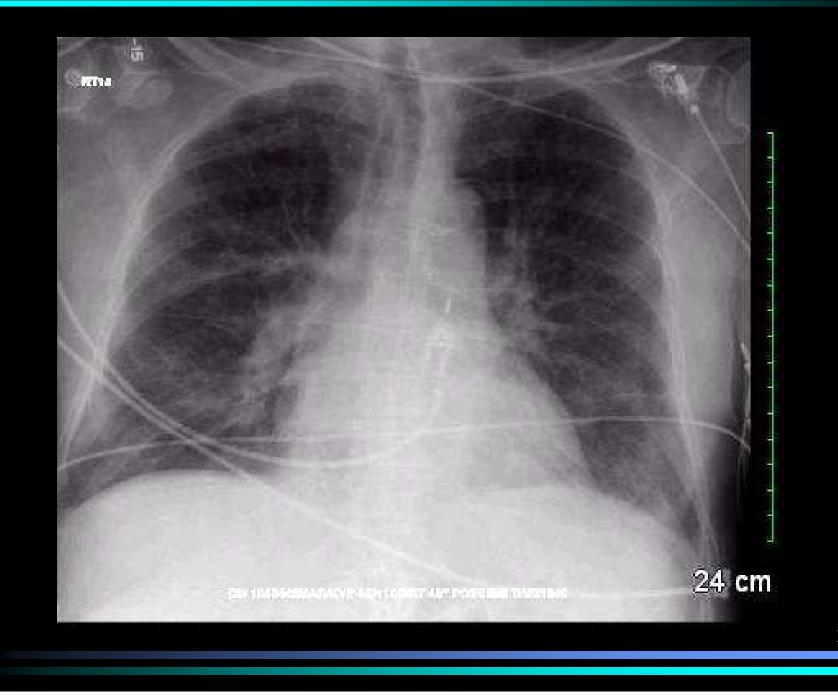
Butterfly or batwing pattern



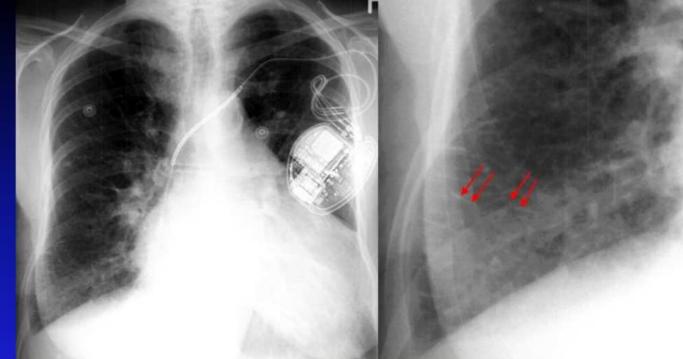




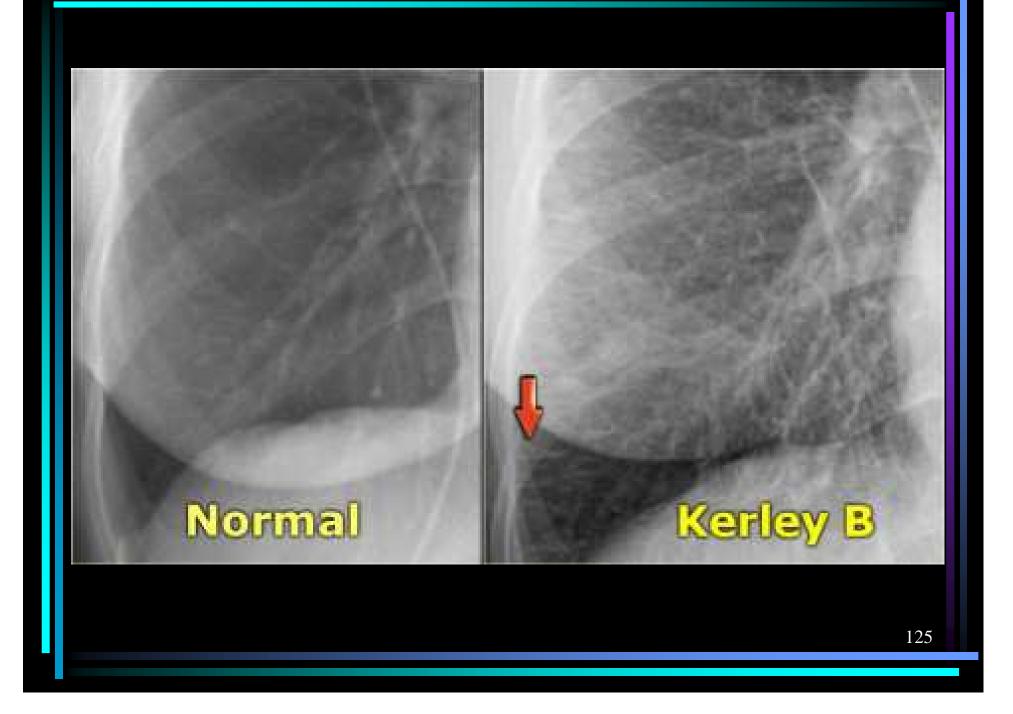




- Kerley B Lines -- Horizonal lines < 2 cm long found in the lower zone periphery
- These lines are the thickened, edematous interlobular septa



The patient above is suffering from congestive heart failure resulting in interstitial edema. Notice the Kerley's B lines in right periphery (arrows).



Pneumonia

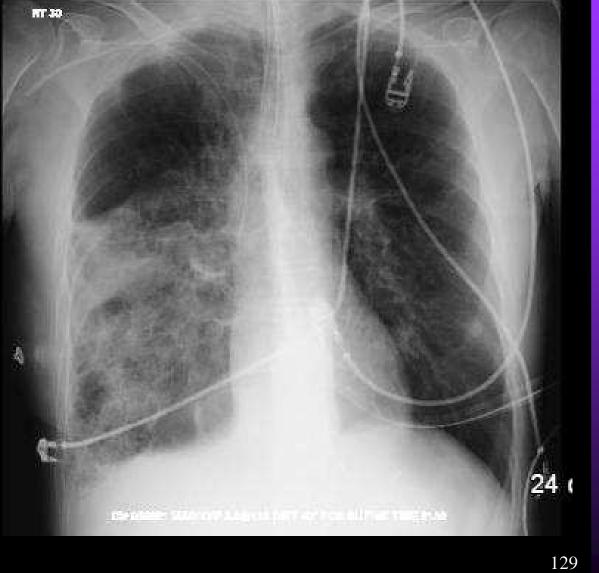
- A pattern of localize alveolar infiltrates
- May be localized to a single lobe or be more diffuse
- Will appear white on CXR
- Cause:
 - Infection
- Treatment
 - Antibiotics

Pneumonia₅₄

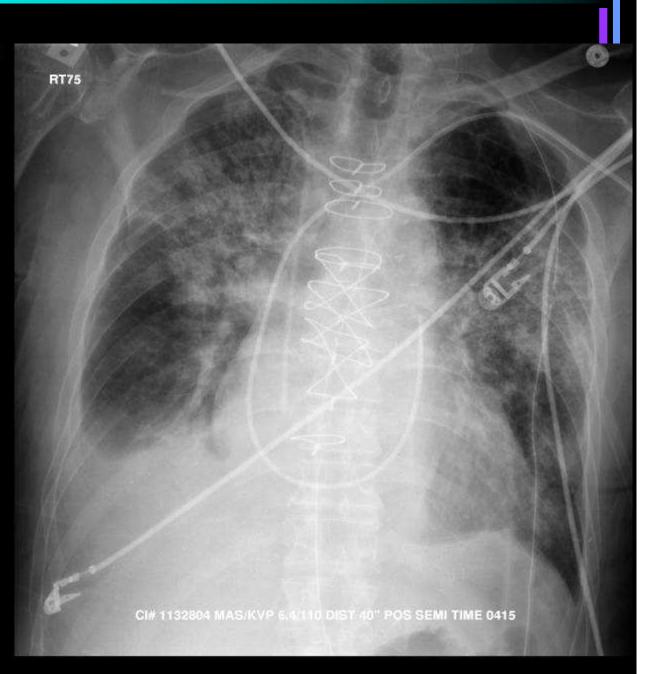


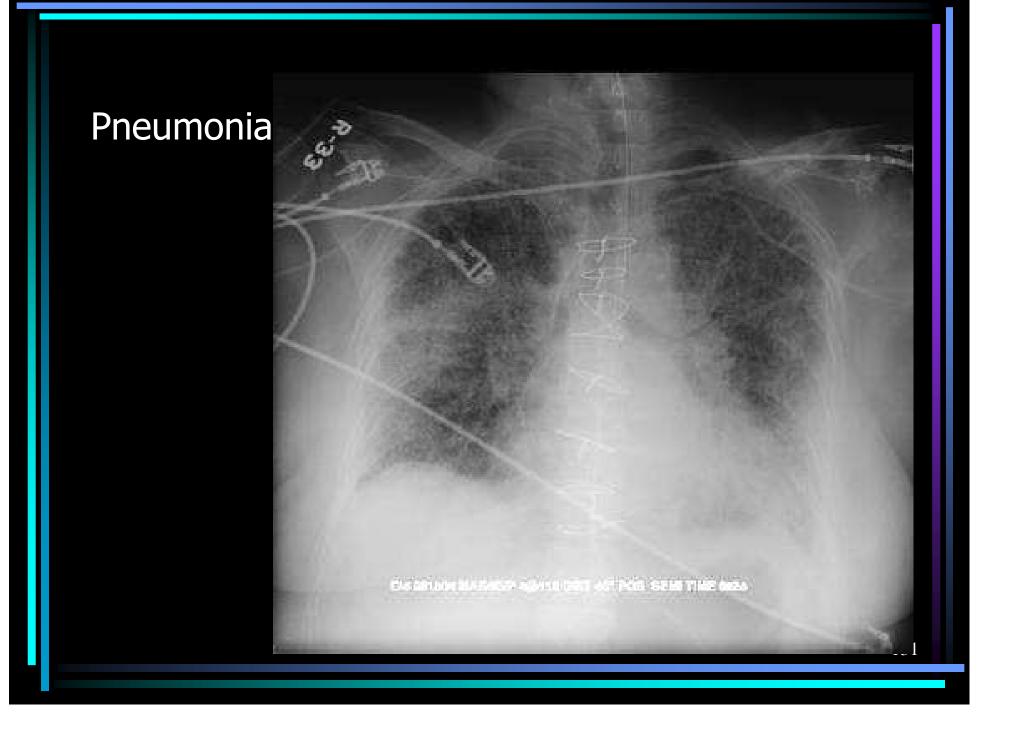


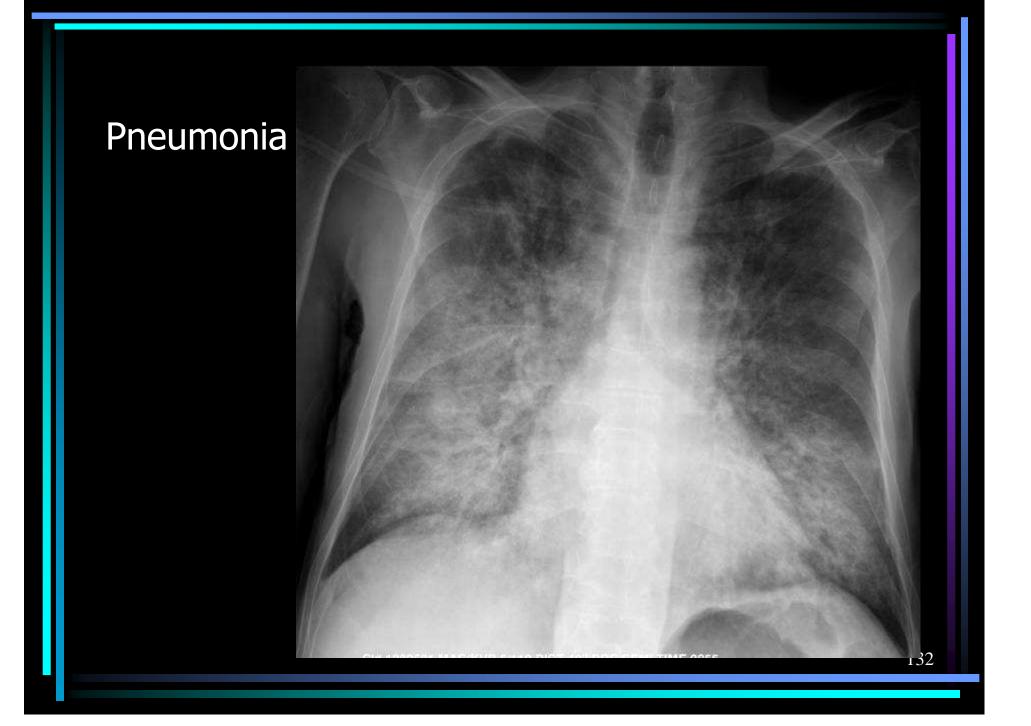
Aspiration Pneumonia



Pneunomia





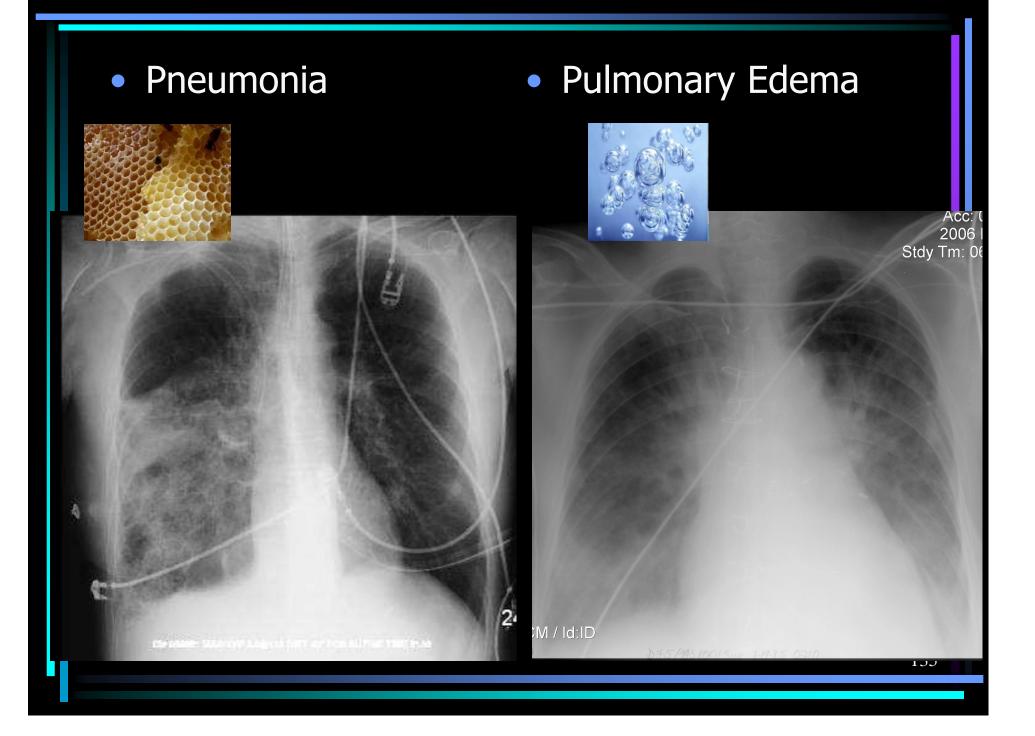


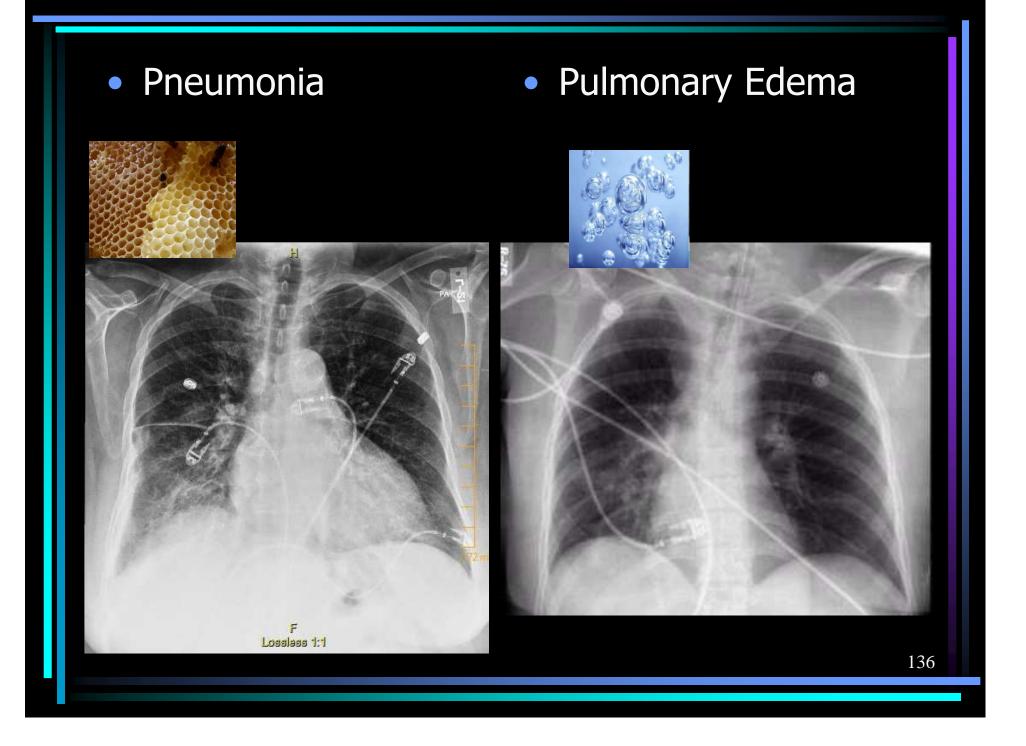
Pneumonia



RLL Pneumonia







Pneumonia vs Pulmonary Edema Looking for polar bear in a snowstorm

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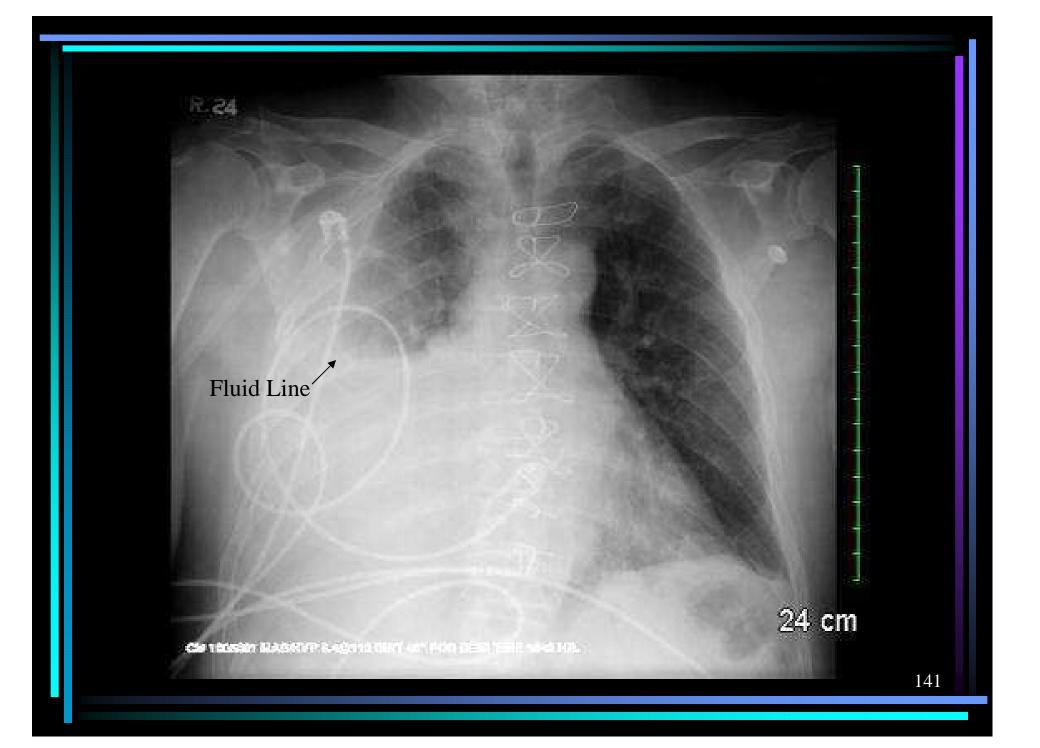
Pleural Effusion

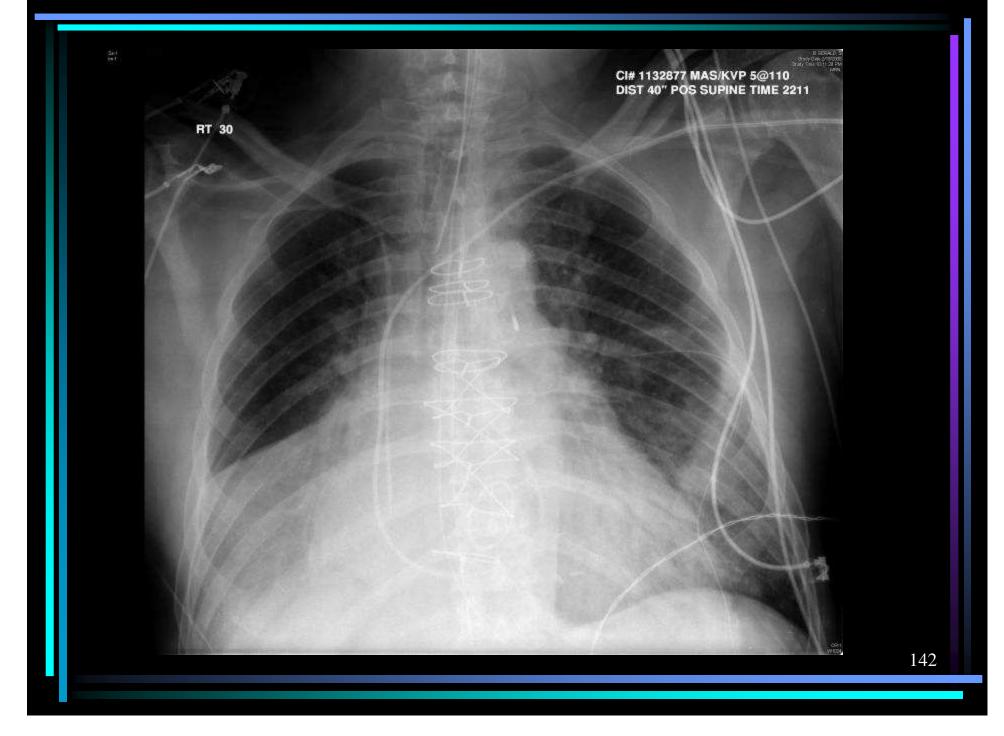
- Fluid in the pleural space
- At least 200 300 ml must be present in the pleural space to cause costophrenic blunting
- Treatment
 - Chest tube or thoracentesis to remove the fluid

Pleural Effusion

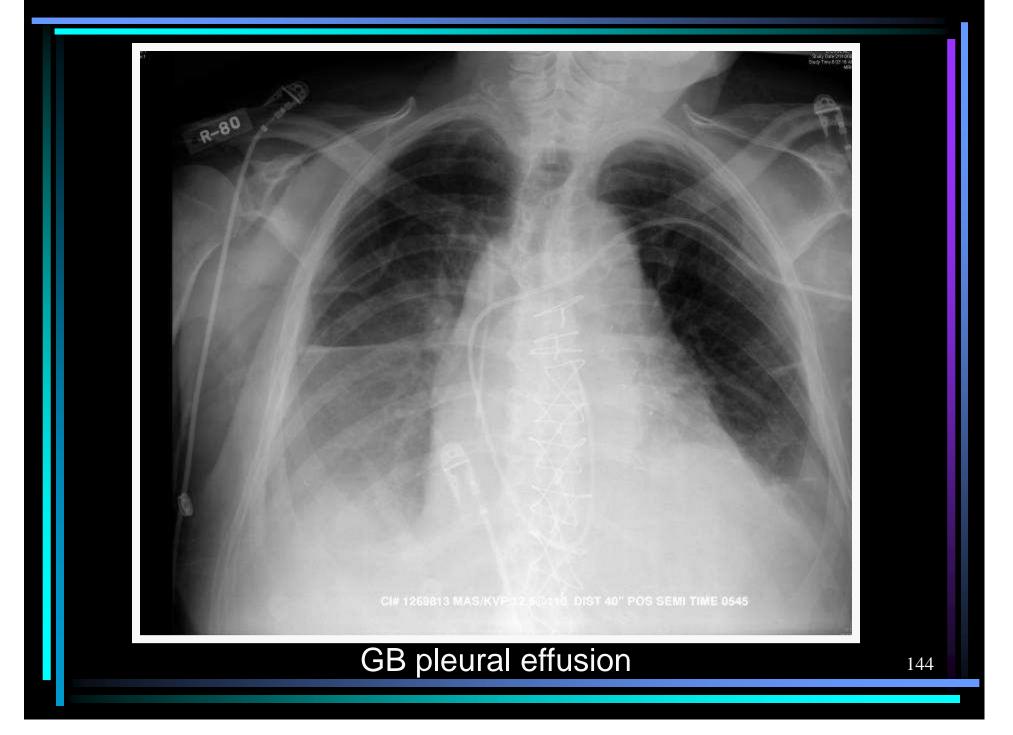
- Fluid will be white or greyish in color
- Expect to see white in the pleural space
- Fluid Levels:
 - An upright CXR will ensure that fluid levels will drop to the bottom of the cavity.
 - Fluid levels taken on a patient lying will displace the fluid laterally over the cavity and will therefore not be detected as a distinct line

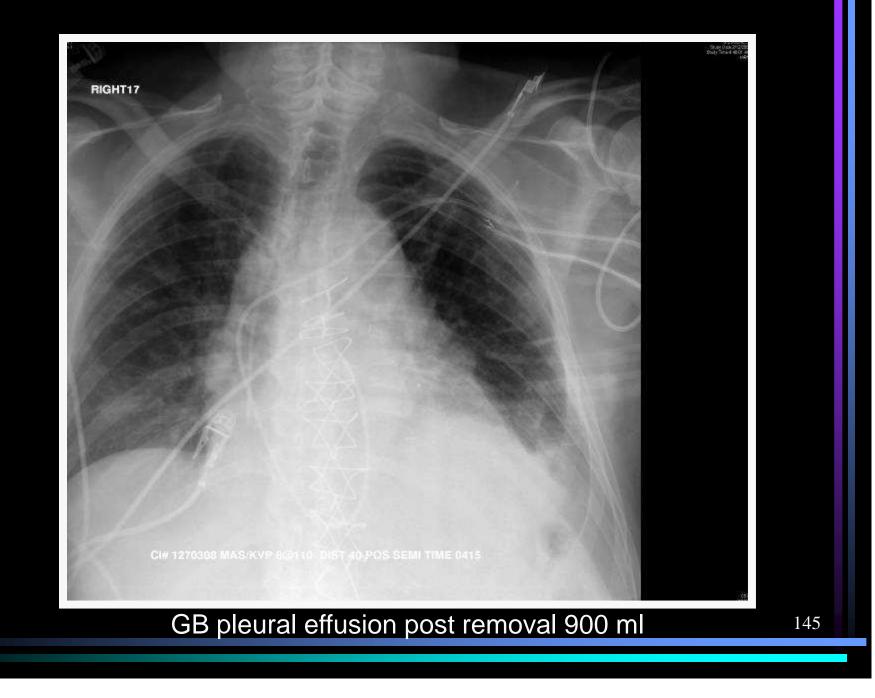




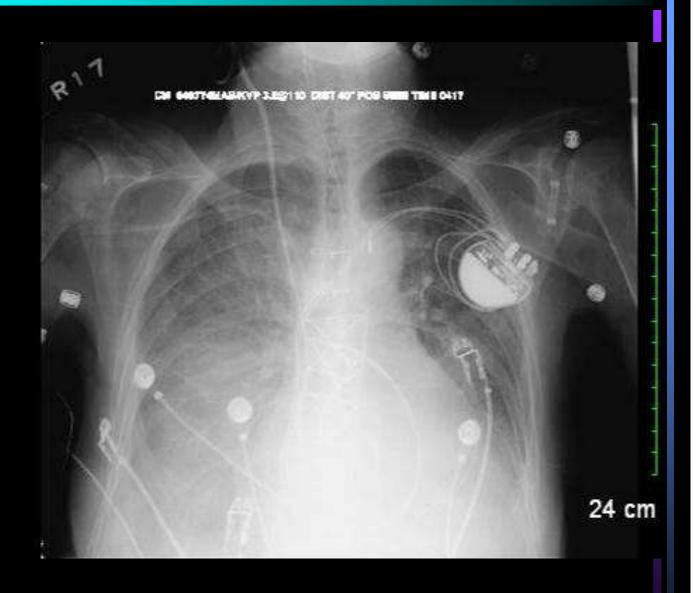






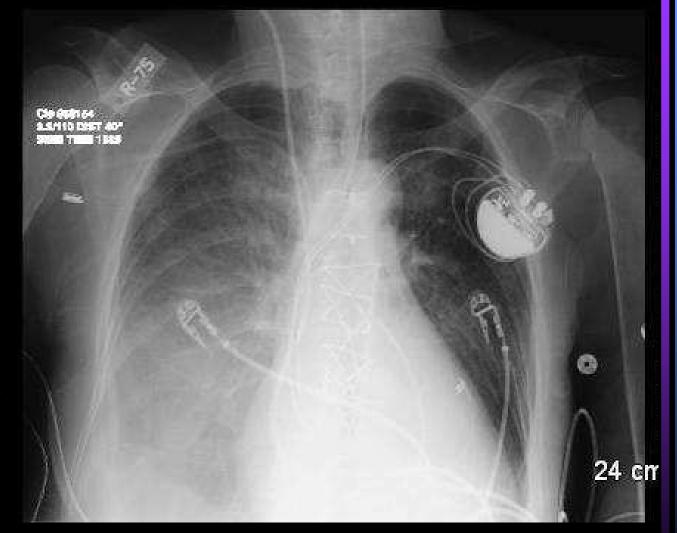


Post
 Cardiac
 Surgery
 Patient
 (SS)
 0400 CXR

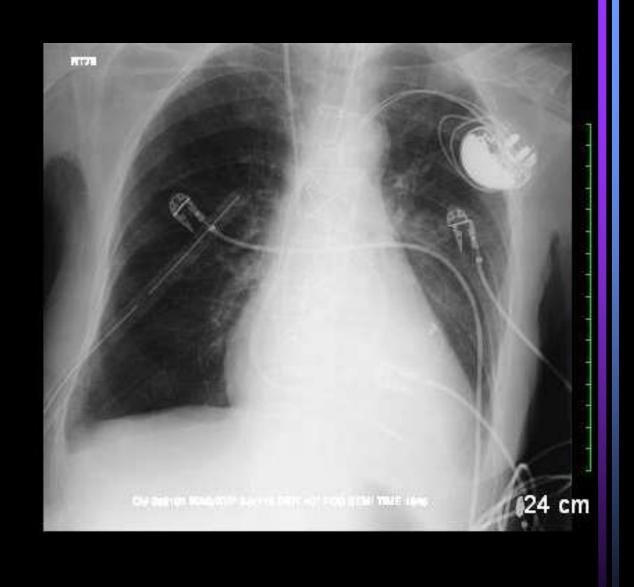


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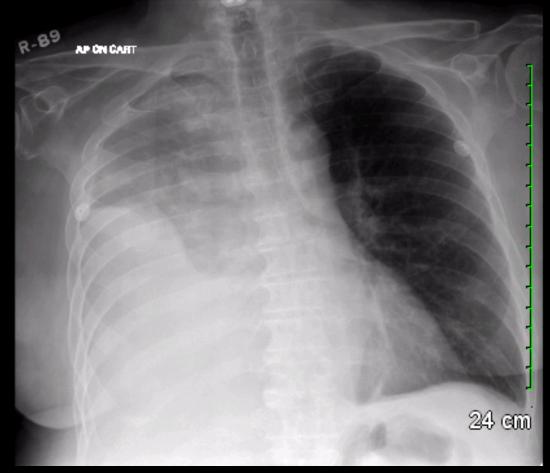
Post
 Cardiac
 Surgery
 Patient
 (SS)
 1600 CXR



- Post Cardiac Surgery Patient (SS)
- 1630 after chest tube insertion and 1 liter fluid removal



Pt (CM) right
 pleural
 effusion from
 cancer
 metastasis

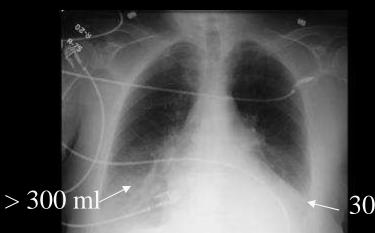


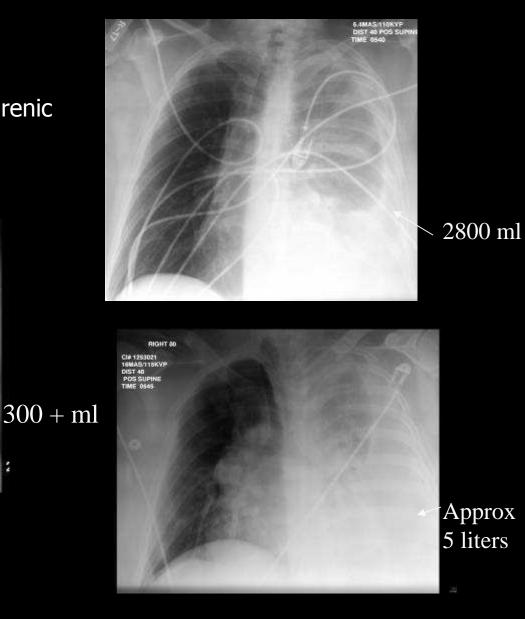
 Pt (CM) Day after 3 liters removed on right.

 Pleural effusion from cancer metastasis



Estimate of volume of pleural fluid 200 – 300 ml to cause costophrenic angle blunting





Kyphosis with right pleural effusion

